



NEWS RELEASE



FOR IMMEDIATE RELEASE

May 13, 2016

TRIANGLE LETTER CARRIERS CALL ON COMMUNITY TO SUPPORT 24TH ANNUAL STAMP OUT HUNGER FOOD DRIVE TOMORROW

Triangle Letter Carriers Team up for 2016 Stamp Out Hunger

RALEIGH - On Saturday May 14th, Letter Carriers in the Triangle, and across the country, will perform double duty on their routes – delivering the mail and collecting food items during the **24th Annual STAMP OUT HUNGER FOOD DRIVE**. Food donations in the Triangle will benefit the Food Bank of Central & Eastern North Carolina. In 2015, Letter carriers collected more than 486,000 pounds (409,000 meals) in the Food Bank's 34-county service area. **Triangle** Letter Carriers collected more than 234,000 of the 378,000 pounds.

On Stamp Out Hunger Day, the public is asked to simply place bags filled with nonperishable food items next to their mailbox. This year bags are donated by Publix. A Letter Carrier will collect the donation and take it back to their postal branch where Food Bank volunteers will be on site throughout the day to unload the postal trucks.

MOST NEEDED ITEMS LIST INCLUDES:

- Canned Meals: Stews, Soups, Tuna, Ravioli, etc. (*Pop-top cans a plus!*)
- Peanut Butter
- Cereal
- Canned Fruits and Vegetables
- Rice, Pasta and Dried Beans
- Hygiene Items: Toothpaste, Shaving Items, Soap, etc.
- Paper Products: Toilet Paper, Paper Towels, etc.
- Infant Products: Diapers, Wipes, Formula, Infant Cereal

NO GLASS, PLEASE!

The Stamp Out Hunger Food Drive comes at a critical time when holiday food drive donations are long gone and children who depend on free and reduced breakfast/lunch programs at school will lose access to those meals during summer break.

The Food Bank of Central & Eastern North Carolina has nearly 650,000 individuals in their 34-county service area who struggle to put and keep meals on the table. More than 50 percent are children and seniors.

Go to www.foodbankcenc.org for more information.

ATTACHMENTS

- Stamp Out Hunger Logo
- Raleigh Durham Letter Carriers 2016.jpg

About the Food Bank of Central & Eastern North Carolina

The Food Bank of Central & Eastern North Carolina is a nonprofit organization that has provided food for people at risk of hunger in 34 counties in central and eastern North Carolina for more than 30 years. The Food Bank serves a network of more than 800 partner agencies such as soup kitchens, food pantries, shelters, and programs for children and adults through warehouses in Durham, Greenville, New Bern, Raleigh, the Sandhills (Southern Pines), and Wilmington. In fiscal year 2014-2015, the Food Bank distributed more than 57 million pounds of food and non-food essentials through these agencies. Sadly, hunger remains a serious problem in central and eastern North Carolina. In these counties, nearly 650,000 people struggle to access nutritious and adequate amounts of food necessary for an active and healthy life. www.foodbankcenc.org.

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