



## NEWS RELEASE

### **Third Annual Kitchens of New Bern Tour to be Held Saturday Proceeds benefit Food Bank of Central & Eastern NC at New Bern**

**SEPTEMBER 21, 2015 (New Bern, NC)**- The 3<sup>rd</sup> Annual Kitchens of New Bern Tour, benefitting the Food Bank of Central & Eastern North Carolina at New Bern, will be held this Saturday, September 26, 2015 from 10am-4pm. This is a unique opportunity to visit the “heart of the home” in Historic New Bern residences as well as Tryon Palace’s Kitchen Office and Garden for a great cause.

Join homeowners who have opened their kitchens in support of the Food Bank of Central & Eastern North Carolina at New Bern inviting you to garner ideas for designing your own new kitchen or renovating the existing heart of your home. Capture the newest industry ideas and learn about state of the art products from our sponsors. Savor special tastings by local chefs, have your cookbook signed by award winning native cookbook author Bill Smith, and enjoy a day of fun in historic New Bern. Trolley service is provided.

Tickets are \$20 each and are available online at [foodbankcenc.org/kitchentour](http://foodbankcenc.org/kitchentour). Tickets are also on sale at the following locations in New Bern: North Carolina History Center Ticket Desk, Carolina Creations, Creekside Cabinets, Heart of the Home, Mitchell Hardware, Village Butcher. In Morehead City at Ginny Gordon’s Kitchen Shop and in Greenville at Ferguson Bath, Kitchen and Lighting Gallery.

Proceeds from The Kitchens of New Bern Tour benefit the Food Bank of Central & Eastern North Carolina at New Bern. Many thanks to Carolina East Health System and WNCT 9 On Your Side for helping to make this event possible

Since 1980, the Food Bank has been providing food assistance to those in need in our community. In the five counties served by the Food Bank at New Bern, nearly 63,000 individuals live in food insecure households and struggle to access nutritious and adequate amounts of food necessary for an active and healthy life. For every dollar donated the Food Bank is able to distribute \$10 worth of food or 5 meals.

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The main office of the Food Bank of Central & Eastern North Carolina is located at 3808 Tarheel Drive in Raleigh. The New Bern Branch is located at 205 South Glenburnie Road in New Bern. Additional warehouses are located in Durham, Greenville, Southern Pines, and Wilmington.

**For more information or to purchase tickets visit [foodbankcenc.org/KitchenTour](http://foodbankcenc.org/KitchenTour).**

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**About the Food Bank of Central & Eastern North Carolina**

The Food Bank of Central & Eastern North Carolina is a nonprofit organization that has provided food for people at risk of hunger in 34 counties in central and eastern North Carolina for more than 30 years. The Food Bank serves a network of more than 800 partner agencies such as soup kitchens, food pantries, shelters, and programs for children and adults through warehouses in Durham, Greenville, New Bern, Raleigh, the Sandhills (Southern Pines), and Wilmington. In fiscal year 2014-2015, the Food Bank distributed more than 57 million pounds of food and non-food essentials through these agencies. Sadly, hunger remains a serious problem in central and eastern North Carolina. In these counties, nearly 650,000 people struggle to access nutritious and adequate amounts of food necessary for an active and healthy life. [www.foodbankcenc.org](http://www.foodbankcenc.org).

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