



# NEWS RELEASE

FOR IMMEDIATE RELEASE

May 5, 2015

## SANDHILLS LETTER CARRIERS TO PERFORM DOUBLE DUTY ON SATURDAY DURING “STAMP OUT HUNGER” FOOD DRIVE

**SOUTHERN PINES, NC** - On Saturday May 9<sup>th</sup>, Letter Carriers in the Sandhills area will perform double duty on their routes – deliver the mail and collect food items to benefit the Food Bank of Central & Eastern North Carolina at Sandhills and its partner agencies (rescue missions, food pantries) during the **23<sup>rd</sup> Annual STAMP OUT HUNGER FOOD DRIVE**. In 2014, more than 43,000 pounds of food (equivalent to over 36,000 meals) were collected in the Sandhills during Stamp Out Hunger.

On Stamp Out Hunger Day, the public is asked to simply place bags filled with nonperishable food items next to their mailbox. This year bags are donated by Publix. A Letter Carrier will collect the donation and take it back to their postal branch where Food Bank volunteers will be on site throughout the day to unload the postal trucks.

### **MOST NEEDED ITEMS LIST INCLUDES:**

- Canned Meals: Stews, Soups, Tuna, Ravioli, etc. (*Pop-top cans a plus!*)
- Peanut Butter
- Cereal
- Canned Fruits and Vegetables
- Rice, Pasta and Dried Beans
- Hygiene Items: Toothpaste, Shaving Items, Soap, etc.
- Paper Products: Toilet Paper, Paper Towels, etc.
- Infant Products: Diapers, Wipes, Formula, Infant Cereal

**NO GLASS, PLEASE!**

In the four counties served by Food Bank’s Sandhills Branch (Lee, Moore, Richmond, and Scotland counties), 43,510 individuals struggle to put and keep meals on the table.

The Stamp Out Hunger Food Drive comes at a critical time when holiday food drive donations are long gone and children who depend on free and reduced breakfast/lunch programs at school will lose access to those meals during summer break.

Go to [www.foodbankcenc.org](http://www.foodbankcenc.org) for more information.

### **ATTACHMENTS**

- Stamp Out Hunger Logo
- Stamp Out Hunger\_mailbox

-more-

**About the Food Bank of Central & Eastern North Carolina**

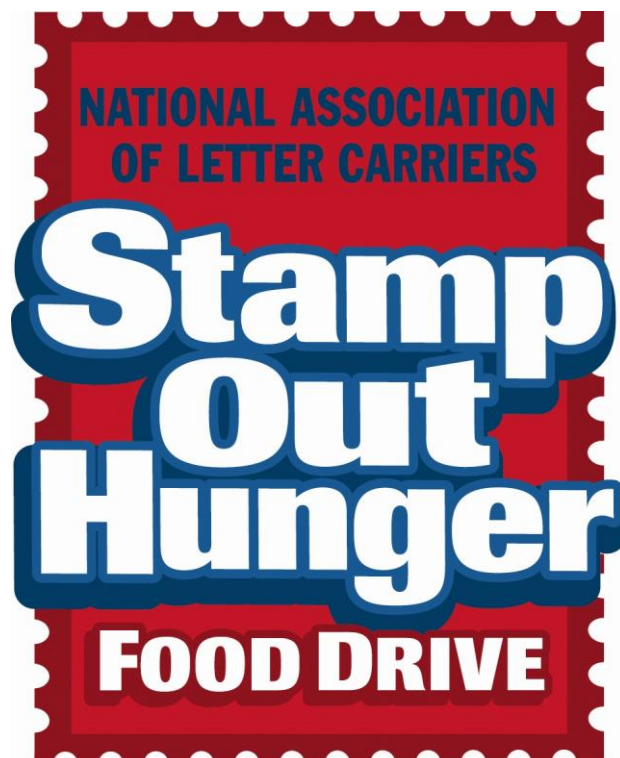
The Food Bank of Central & Eastern North Carolina is a nonprofit organization that has provided food for people at risk of hunger in 34 counties in central and eastern North Carolina for more than 30 years. The Food Bank serves a network of more than 800 partner agencies such as soup kitchens, food pantries, shelters, and programs for children and adults through distribution centers in Durham, Greenville, New Bern, Raleigh, the Sandhills (Southern Pines), and Wilmington. In fiscal year 2013-2014, the Food Bank distributed more than 53 million pounds of food and non-food essentials through these agencies. Sadly, hunger remains a serious problem in central and eastern North Carolina. In these counties, more than 651,000 people struggle to access nutritious and adequate amounts of food necessary for an active and healthy life. [www.foodbankcenc.org](http://www.foodbankcenc.org).

**Media Contacts:**

Jennifer Caslin  
Coordinator of Marketing, Public & Branch Relations  
(919) 865-3063  
(910) 508-0547  
[jcaslin@foodbankcenc.org](mailto:jcaslin@foodbankcenc.org)  
Twitter: @FoodBankJenC

Michael Cotten (local)  
Sandhills Branch Director  
(910) 692-5959 x2401  
(910) 494-0155  
[mcotten@foodbankcenc.org](mailto:mcotten@foodbankcenc.org)  
Twitter: FoodBankSHills

# # #





Stamp Out Hunger  
FOOD DRIVE

SATURDAY, MAY

It's Easy to Help:

- 1 Put some non-perishable food items in a bag and place it by your mailbox.
- 2 Your letter carrier will pick it up and deliver to local food banks!

PROUD SUPPORTERS:  
Campbell's  
UNITED STATES POSTAL SERVICE

Stamp Out Hunger