

HUNGER matters

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A NEWSLETTER OF THE FOOD BANK OF CENTRAL & EASTERN NORTH CAROLINA

WINTER 2016

WITH YOUR HELP, HURRICANE MATTHEW RELIEF CONTINUES

Last week, during a distribution of more than 100,000 lbs. of protein at our Sandhills branch, several of our partner agencies shared their experiences following Hurricane Matthew.

They explained that they feel forgotten. As emergency response agencies depart and shelters close, they have nowhere to shower or brush their teeth. With homes destroyed by floods, many are living in cars.

But they also said "thank you." They recognize the Food Bank has not forgotten their reality. And thanks to the support of generous partners like you, we will stay for as long as there is need. Thanks to your donations, our neighbors know they are not forgotten.

As of mid-November, volunteers have packed food donated by community food drives into more than 3,000 disaster relief boxes. Those have been loaded onto at least 150 truckloads for distribution to 25 counties. In all, we've sent 2 million pounds of food and supplies to those in need. And we couldn't have done it without you.

Thank you to our incredibly supportive donors, partners, volunteers, and community members who have given so generously to help meet the great needs throughout our communities.

Sadly, we know the challenges facing our neighbors are not over. Thanks to your donations, the Food Bank will be with our neighbors for as long as necessary.

Thank you for making our work possible.

Right: A Food Lion Feeds volunteer packs bags for Hurricane Matthew disaster relief.
Below: Flooding from Hurricane Matthew in Greenville, North Carolina.



**FOOD
BANK**



OF CENTRAL
& EASTERN
NORTH
CAROLINA

DURHAM » GREENVILLE » NEW BERN » RALEIGH » SANDHILLS » WILMINGTON

FROM THE DESK OF THE PRESIDENT & CEO

Dear Friends,

We are so thrilled to share with you some of the celebrations of our newly opened Raleigh facility. You made it possible.

With this new building, we will be able to continue our focus on providing nutritious food options—with more freezer and cooler space in the Fresh Food Center. We're able to bring more people into the Food Bank family with expanded space for volunteers. And we have space for our community, to offer training and education opportunities, and specialized services.

The move to this building, and the additional square footage it affords us, became even more necessary last month, as Hurricane Matthew struck the East Coast. While it is impossible to know exactly what will be needed following a disaster of that magnitude, we were ready and prepared to offer immediate support to those in need in our eastern counties. Thanks to the generous commitment of our partners in the community, we have been able to distribute nearly two million pounds of disaster relief food and supplies in 25 counties.

This is on top of our every-day operations and making certain the approximately 8,500 people a day who rely on us have food available to them. Recovery from a natural disaster like Matthew doesn't end once the waters recede. We know there are people who are just now beginning to assess what they lost in the storm. The Food Bank will remain here for them for as long as we are needed. We will not forget them.

We could not do what we do without our generous and dedicated partners, many of whom were able to share the new facility grand opening with us. We appreciate the opportunity to share this time of expansion and growth with you, because it is thanks to you that we are able to remain ever-committed to our mission of ensuring no one goes hungry in central and eastern North Carolina.



Peter Werbicki
President & CEO
Food Bank of Central & Eastern North Carolina



Yes. Yes. I am pleased to support the Food Bank of Central & Eastern North Carolina. Enclosed is my tax-deductible donation of:

Here is my gift of:

- Other _____
- \$500
- \$250
- \$100
- \$75
- \$50

Name _____

Address _____

City _____ State _____ Zip _____

Email _____

Please charge my: Visa Mastercard American Express Discover

Card Number _____ Expiration Date _____

Signature _____

- Enclosed is my check made payable to the Food Bank of Central & Eastern North Carolina.
- I have attached a matching gift form from my employer.

Please clip and mail to:

FBCENC
1924 Capital Boulevard
Raleigh, NC 27604

or give online at
foodbankcenc.org

HM1216

Make your tax-deductible contribution now at foodbankcenc.org.

OUT OF THE MOUTH OF GIDEON ADAMS

I was thrilled to accept the position of Vice President for Community Health & Engagement in November. Our new department will be working to continue the great work we already do: providing access to food to those living in food insecure situations, but moreover, to provide access to nutritious food, whether that be directly or by providing education and information on nutrition. This move feels like a progression of my journey with the Food Bank, as I firmly believe that there is no magical solution for the problem of food insecurity, but, more, a battle on many fronts. The Food Bank recognizes this, too, and I'm delighted to be part of a new and exciting addition to our services.

The Food Bank has become the leader in the more traditional provision of food resources and in my role I hope to ensure that we bring that experience and expertise to the conversations and solutions coming out of the current interest in food systems. We will be setting a robust nutrition policy for the Food Bank and this will be a major goal that will impact many aspects of our current services as well as developing new ones.

We want people to realize the scale of the problem in our state and nation, and it's also important to demystify some myths about food insecurity. One of the common misconceptions about food insecurity revolves around the issue of how an individual with low access to food can suffer from obesity, diabetes, high blood pressure or any number of other related conditions. Unfortunately, in many cases, the limited access to food that our clients are faced with also means limited access to nutritious food. Whatever little food they can source tends to be highly processed, high salt, sugar and fat and therefore has a negative rather than nourishing effect. In my new role, I am working to improve that cycle.

We are working to build programs that assist our clients to become less reliant on our network of emergency pantries and services, and to cultivate resources that will move them into a more food secure and self-reliant situation for the long term.



Community Health & Engagement

Left: Cutting the ribbon at our new building.
Middle: A cooking demonstration in our new teaching kitchen.
Right: Hunt-Morgridge Honorees Ed & Ingrid Carney with Mr. & Mrs. Morgridge



2015 – 2016 Humanitarian Partners

ABC 11
B&B Produce
Bimbo Bakeries
Butterball Turkey Company
Cisco Systems
Food Lion Feeds
Full House Farms
Harris Teeter
Jackson Farming Company

John Bone Farm
Kroger
Lowes Foods
Moore's Produce
Mt. Olive Pickle Company
Reser's Fine Foods
Society of St. Andrew
Walmart
William R. Kenan, Jr. Charitable Trust

2015 – 2016 Mission Partners

BASF
Bayer USA Foundation
Biogen Foundation

2015 – 2016 Signature Partners

Credit Suisse Americas Foundation
Cummins
Eddie & Jo Allison Smith Family Foundation
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United Way of the Cape Fear Region

Top Financial Partners

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Food Lion Feeds
Biogen Foundation
Bayer USA Foundation
BASF
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Credit Suisse Americas Foundation
Nationwide Insurance Foundation
Eddie & Jo Allison Smith Family Foundation

Top Food Industry Partners

Food Lion Feeds
Walmart
Mt. Olive Pickle Co.
Society of St. Andrew
Bimbo Bakeries
Harris Teeter
Reser's Fine Foods
John Bone Farms
Full House Farms
B&B Produce Inc.
Butterball Turkey Company

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