

# THE HUNGER BEAT

*To Beat Hunger*

Winter 2007

**Heart of Carolina Food  
Drive Has Record Year—  
Donations Exceed Goal**

PAGE 4

**Nationwide Study,  
Hunger in America 2006,  
Reveals Hidden Hunger**

PAGE 10

**FOOD  
BANK**



**OF CENTRAL  
& EASTERN  
NORTH  
CAROLINA**

A Newsletter of the Food Bank of Central & Eastern North Carolina



## OUR BRANCHES

Visit us online at  
[www.foodbankcenc.org](http://www.foodbankcenc.org)

Food Bank of Central  
 & Eastern North Carolina  
 Main Office

3808 Tarheel Drive  
 Raleigh, NC 27609  
 919.875.0707

Food Bank of Central & Eastern  
 North Carolina at Durham  
 708 Gilbert Street  
 Durham, NC 27701  
 919.956.2513

Food Bank of Central & Eastern  
 North Carolina at Greenville  
 497 West 9th Street  
 Greenville, NC 27834  
 252.752.4996

Food Bank of Central & Eastern  
 North Carolina at Sandhills  
 195 Sandy Avenue  
 Southern Pines, NC 28387  
 910.692.5959

Food Bank of Central & Eastern  
 North Carolina at Wilmington  
 1314 Marsteller Street  
 Wilmington, NC 28401  
 910.251.1465

### THE HUNGER BEAT

Published by the Food Bank of  
 Central & Eastern North Carolina

Design by Archetype  
 Edited by Staff  
 Questions? Call 875.0707

## BOARD OF DIRECTORS

### Chair

Marilyn Forbes, Womble Carlyle Sandridge & Rice

### Vice Chair and Secretary

Walter Rogers, Jr., Smith, Anderson, Blount, Dorsett,  
 Mitchell & Jernigan, L.L.P.

### Treasurer

David Jessen, Ernst & Young

Steve Bilzi (ex-officio), Consultant

Kristine Carlson, Blue Cross & Blue Shield of North Carolina

Ed Carney, Cisco Systems

Jerry Clontz, Harris Teeter

Frank Daniels, Jr., Retired

Janice Faulkner, Retired

Pat Gipson, Retired

Esther Hall, NC Community Foundation

Jim Knight, NC Education Lottery

Dana Lange (ex-officio), Community Volunteer

Nancy Schwarm Livesay, Community Volunteer

Sandi Mardigian (ex-officio), Community Volunteer

Morgan Moylan, Sports Endeavors

Stephen Murphree (ex-officio), Eastern Technical Associates

Ashmead Pipkin, Attorney

Alvin Ragland, Tekelec

Bob Sar, Ogletree, Deakings, Nash, Smoak & Stewart PC

### FBCENC Partners





*From the Desk of the  
President & CEO*

Dear Friends,

We're back! Our newsletter has a new name, *The Hunger Beat*, and a new look! Inside you'll find brief summaries of our 2006 activities and a look forward to the coming months.

The Food Bank of Central & Eastern North Carolina has experienced record growth since our newsletter last arrived at your home, office, or school. We expanded our warehouse distribution center and built new offices at the Raleigh warehouse, as well as acquired new forklifts, trucks, and freezers. In addition, we collected astonishing amounts of food in three major food drives:

- National Association of Letter Carriers, May 2006, with more than 343,000 pounds of food collected.
- Hunger Relief Day at the North Carolina State Fair, October 2006, which brought in 217,000 pounds.
- A record Heart of Carolina Food Drive, in December 2006, which resulted in 767,000 pounds collected, including pounds of food donated and dollars converted to pounds.

This growth was possible only through overwhelming support from you—our supporters, volunteers, donors, sponsors, and staff.

Recent reports from the U.S. Department of Agriculture indicate that hunger in North Carolinians has risen from 12.3 percent to 13.2 percent. The reports only verify what the dedicated staff at the Food Bank and our diligent partner agencies already knew from daily interaction with people at risk of hunger, that your commitment is making a difference.

Hunger is not seasonal, nor does it take a holiday. The volunteer dedication, food drives, and monetary donations make it possible for the Food Bank to serve those who are hungry in our community throughout the year.

JANE F. COX  
President & CEO

**Table of Contents**

Heart of Carolina Food Drive Has Record Year. . 4

Spotlights on Selected Sponsors . . . . . 5

Retired Duke Professor Donates Watercolors . . 5

Raleigh Warehouse Expands/Cisco Gives Grant. 6

Raleigh Branch Adds Volunteer Shift . . . . . 7

Letter Carriers Food Drive . . . . . 7

Credit Suisse/Kids Cafe/Kraft Gives Grant. . . . . 8

Spotlight on the Wilmington Branch . . . . . 9

When Disaster Strikes. . . . . 9

Study Reveals Hidden Hunger . . . . . 10

Hunger Awareness Gets Voice . . . . . 10

Record Day at State Fair . . . . . 11

Produce Company Kicks Off  
Corporate Philanthropy Efforts . . . . . 11

Upcoming Events . . . . . 12



**THANKS TO THE SPONSORS!**



**Many thanks to the sponsors of the 20<sup>th</sup> Annual Heart of Carolina Food Drive:**

- ABC 11 Eyewitness News    The Herald-Sun
- Curtis Media                      IBM
- (Y102.9, 96 Rock, 680 WPTF)    Kroger
- The Daily Reflector            The News & Observer
- DataFlux                            The Pilot
- Embarq                              Trade Wilco/Hess
- Genworth Financial
- GlaxoSmithKline

**Students Against Hunger**

Students Against Hunger is an annual event that gives elementary, middle, and high school students the opportunity to participate in the Heart of Carolina Food Drive. Donations collected in 2006 helped provide more than 215,000 meals to families at risk of hunger during the holiday season and the first weeks of winter. Some schools have incorporated the annual food drive into their core education curriculum. The overall winner for 2006 was Sanderson High School who raised more than 6,000 pounds of food and over \$30,000. Sanderson has held the top honor for several years.

*Visit our website for list of winners.*

*Heart of Carolina Food Drive Has Record Year—Donations Exceed Goal*

**CORPORATE AND MEDIA** supporters of the 20th Annual Heart of Carolina Food Drive, sponsored by ABC 11 Eyewitness News, placed a call to action, and the community response was deafening. As the drive came to a close on December 6, 2006, the bags, boxes, cartons, and cash donations from a generous public totaled more than 767,000 pounds of food.

“We asked the community to grab some food, put it in a bag, and come down [to the Food Bank] or Kroger,” said Bernie Prazenica, President and General Manager of ABC 11 Eyewitness News. They did that and much more. Last year’s goal of 500,000 pounds saw a significant increase of 267,000 pounds in direct response to an increase in the number of North Carolinians at risk of hunger.

Heart of Carolina is the Food Bank of Central and Eastern North Carolina’s largest annual food and funds drive. Every fall, local businesses, schools, companies, clubs, and individuals join together to raise food and monetary donations to provide meals to people in need. The drive also raises public awareness about the problem of hunger in our communities. Almost half of those at risk of hunger in the Food Bank’s service area are comprised of children and the elderly, with 38% being the working poor.

2006 Heart of Carolina Sponsors (pictured above)  
 Left to Right—Mitch Mumma, Intersouth Partners; Steve Parrot, Embarq; Bill Eger, Kroger; Bruce Jobe, Genworth Financial; Daniel Teachey, Dataflux; Tina Wilson, IBM; Bill Shore, GlaxoSmithkline; Bernie Prazenica, GM, ABC 11 Eyewitness News



## Spotlight on CED

The Heart of Carolina Corporate Chairperson for 2006 was Monica Doss, CEO of The Council for Entrepreneurial Development (CED). CED is a private, nonprofit organization headquartered in Research Triangle Park with a divisional office in Wilmington. The organization was formed in 1984 to identify, enable, and promote high growth, high impact entrepreneurial companies and accelerate the region's entrepreneurial culture. CED is the largest and oldest entrepreneurial support organization in the nation with more than 4,000 members representing over 1,100 entrepreneurial companies, financiers, and professional firms. CED joined with Square 1 Bank, Motricity, Inspire Pharmaceuticals, and Intersouth Partners during the Heart of Carolina Campaign to create a \$30,000 challenge to Triangle entrepreneurs and those who work with them.

### *Retired Duke Professor Donates Watercolors*

Dr. Sidney Markman, a retired Duke University professor, donated 127 watercolors which he had painted over the past 15 years to help raise money for the Food Bank. "It's important that (the art) is for something . . . More than just for yourself," said Markham, age 94. He continued, "The most important charity . . . is to feed somebody. When a person's hungry, he can't think. When a person's hungry, he can't work. So, the first aid should be to make sure he eats." Almost \$7,000 was raised to assist people at risk of hunger. Many thanks to Dr. Markman, as well as to Dana Lange, Amy Clement, and Morgan Moylan, the Durham Advisory Council members for the Food Bank who organized the event.



## DATAFLUX RETURNS AS SPONSOR

DataFlux, a 75-person data quality and data integration company in Research Triangle Park, was a Heart of Carolina sponsor for the second consecutive year. Director of Public Relations Daniel Teachey says that they hope to make a big impact during this food drive by doing their part to help feed those at risk of hunger. A company that takes its commitment of service to the community very seriously, DataFlux provides opportunities for employees to volunteer at the Food Bank during work hours. DataFlux President/CEO Tony Fisher leads by example when it comes to promoting the importance of community service throughout the company. Not only does he join his colleagues in volunteering at the Food Bank for DataFlux workdays, but he and his family also participate in the Heart of Carolina "Drive Thru Day," the National Association of Letter Carriers food drive, and they have served as volunteers at the Food Bank on weekends.



Genworth  
Financial

## GENWORTH FINANCIAL COMMITTS TO SECOND YEAR

Genworth Financial was a first year Heart of Carolina sponsor and was also the first company to sign on as a sponsor for the 2007 Heart of Carolina campaign. Bruce Jobe, Vice President of United States Risk Management, states that one of the core values of the company is to "express heart." "We do that by having a commitment to education and the elderly and making sure there is access to basic needs such as housing and food," said Jobe.

## IBM CONTINUES LONGTIME SUPPORT



IBM, an 11,000 employee strong company in Research Triangle Park, historically a strong supporter of the Food Bank, joined as a sponsor for the 2006 Heart of Carolina Food Drive. Tina Wilson, IBM Corporate Community Relations Program Manager, volunteers at a local food pantry. "Do you know who the working poor are? They are moms and dads for whom circumstances prevent them from being able to feed their family," said Wilson.



Left to right, front row— U.S. Representative David Price, D-NC; Bert Fisher, Food Bank VP of Development; Mary Hofler; Jessie Taliaferro, Raleigh City Council Member; Betty Lou Ward, Wake County Commissioner; Charles Meeker, Raleigh Mayor  
Back row: Jack Hofler

**CAUSE TO CELEBRATE**

**Cisco Grant Makes New Phone System Possible**

The Food Bank distributes food to 34 North Carolina counties each day—that’s one third of the entire state, where there are more than 400,000 individuals at risk of hunger. The service area covers almost 19,000 square miles, from the Triangle, to the eastern counties, to the Sandhills and Coastal Carolina. With logistical challenges like this, strong communication is critical.

While hunger statistics continue to rise, the connection between the Food Bank’s five branches and those at risk must be consistent and efficient. A \$92,000 grant from Cisco, part of the Community and Philanthropy Product Grant Program, allowed the organization to transition from an outdated, obsolete PBX phone system to a new IPT Phone System before the busy 2006 holiday season.

Food Bank staff worked from late summer to the middle of fall to get the new system up and running.

*New Raleigh Warehouse Distribution Center Built to Keep Pace with Need*

On September 18, 2006, the Food Bank celebrated the addition of three dock doors and a produce ramp to the Raleigh warehouse. Speakers at the event emphasized that legislative changes are needed to reduce the number of people who rely on emergency food assistance. The warehouse improvements were made possible by generous support from the Cannon Foundation, the Bank of America Foundation, the Hillside Fund, and White Memorial Presbyterian Church.

In their remarks, United States Representative David Price, Raleigh Mayor Charles Meeker, and White Memorial Presbyterian Church Pastor Dr. Art Ross



brought attention to the problems of hunger and poverty in our community—as well as the importance of the Food Bank as a relief organization and first responder in times of natural disasters. Jack and Mary Hofler, for whom the Raleigh warehouse is named, participated in the ribbon cutting ceremony. The Hoflers gifted the former PYA Monarch Foods warehouse at 3808 Tarheel Drive to the Food Bank in 1997.

White Memorial Presbyterian Church Pastor Dr. Art Ross



## VOLUNTEER POWER

**Volunteers sort 40% of our warehouse inventory, and for every hour worked by volunteers, the Food Bank is able to distribute over 317 pounds of food.**

A wide range of volunteer opportunities is available. Depending on the volunteer assignment you choose, you may come in several days a week, once a month, or one time only. Jobs include: warehouse assistant, clerical, data entry, truck driver, special events, food drive host, pick ups, Blue Cross Blue Shield Kids Cafe tutor, speakers' bureau, and agency site monitor.

For more information about volunteering at the Food Bank, go to [www.foodbankcenc.org](http://www.foodbankcenc.org) for a list of volunteer opportunities and coordinators by branch or call one of the branches near you (listed on page 2).

## Raleigh Branch of Food Bank Adds Second Evening Shift

The Food Bank has expanded our volunteer schedule to include a Thursday evening shift in response to growing demand. The new volunteer schedule, which went into effect this past summer, is Tuesday through Saturday from 9 am–4 pm and every Wednesday and Thursday evening from 6–8 pm.

*"We feel that adding an additional evening shift to our volunteer schedule will help us to better serve our volunteers and the community," said Rebecca Barbee, Volunteer Services Manager. "We have had many requests for an additional evening shift and are excited that we are able to meet this need. Volunteers are a crucial piece of our organization, and we are thankful for all of their support of the Food Bank."*

## Letter Carriers Collect Over 343,000 Pounds of Food in One Day

This past May, the 14th Annual National Association of Letter Carriers Food Drive brought in over 343,000 pounds of non-perishable food donations for the Food Bank, greatly exceeding last year's total of 279,000 pounds. Strong community support around all five branches helped make this the largest single-day food drive in the history of the Food Bank. The unselfish outpouring of time and energy from over 200 volunteers helped the food donations travel from the post office stations to the Food Bank warehouses. Volunteers spent their Saturday unloading letter carriers' vehicles and placing the food donations in large bins at the postal sites that were then transported by volunteer drivers to the local Food Banks. The 15th Annual NALC Food Drive will be held on Saturday, May 12, 2007.



### Inaugural Awards Celebration Held

The Kids Cafe program is one of the nation's largest charitable meal service programs, providing free and prepared food and nutrition education to children. Last May, the First Annual Standard of Excellence (SOE) Awards Program for the Blue Cross and Blue Shield of North Carolina Kids Cafe Programs was held in Raleigh. The Agency Services & Programs (ASAP) Department of the Food Bank hosted the event at Chef Mario's Inc. The SOE Awards Celebration honors and rewards Kids Cafe partner agencies that have excelled in the core components and have achieved distinction with the operation of their program.

#### 2006 Award Recipients:

Nutrition Education—YMCA of the Triangle, Lakewood Family YMCA in Durham

Physical Activity—Richmond County Enrichment Corporation in Richmond County

Parental Involvement—Richmond County Enrichment Corporation in Richmond County

Community-Based—Salvation Army Boys & Girls Club in Wilson County

Best All-Around—Beulaville Youth Center

#### The 2007 celebration will be held on May 16.

The Food Bank currently has 20 Kids Cafe programs in 18 counties.

For additional information about the program, contact J. Caprice Brown, Outreach, Evaluations & Programs Manager, at 919-865-3037.



### GOOD DEEDS

## *Credit Suisse Employees Volunteer at the Raleigh Branch*

The Raleigh warehouse welcomed 115 Credit Suisse Employees on September 15 for a day of service as part of the company's new hire program. This was the largest group of volunteers to ever work in the Food Bank on a single day, other than as part of a disaster relief effort in response to a hurricane. Volunteers are a critical part of getting the job done at the Food Bank. From July 1, 2005 to June 30, 2006, volunteers gave over 99,000 hours of service to our programs, events, and activities. This service is equivalent to the work of over 47 full-time employees.

Philanthropy is a significant part of the Credit Suisse corporate focus. The volunteer day at the Raleigh branch was used to build relationships and give back to the community at the same time. Food Bank staff divided the Credit Suisse volunteer group into four teams: Yellow Eggs, Blue Eggs, Purple Cans, and Green Cans. By the end of the day, the Credit Suisse teams had inspected and sorted over 12,000 eggs, bagged 4,400 pounds of pasta, sorted and bagged 15,500 pounds of potatoes, and sorted and repackaged 39 pallets of salvage. Credit Suisse also donated \$10,000 to the Food Bank as part of their continuing commitment to the community.

## *Kraft Grant Makes Early Holiday Possible*



The word "thankful" reverberated against the warehouse walls of all five branches of the Food Bank last fall. As part of their 2006 Community Nutrition Program, Kraft provided early Thanksgiving gifts of new refrigerator and freezer units to 39 partner agencies. This generous gift has allowed the Food Bank to expand the collection and distribution of nutritious, perishable food to partner agencies.

"You [partner agencies] are the Food Bank," Pamela Foust, Agency Services Outreach Coordinator for the Food Bank told agencies. "We thank Kraft Foods for providing a way for you to continue your work. The Food Bank continues to work hard to solicit resources for you."



## SPOTLIGHT ON THE WILMINGTON BRANCH

### *News from Coastal Carolina*

#### When Disaster Strikes

The Food Bank is ready in the event of a disaster such as a hurricane. As a first responder, we maintain a detailed plan to help us meet the need for food and supplies in our service area and may also help outside of our service area.

Depending on the magnitude of the disaster, Food Bank partners may include the Second Harvest national office, the Triangle Area Chapter of the American Red Cross, the North Carolina Division of Emergency Management, other emergency management agencies at the county level, North Carolina Voluntary Organizations Active in Disasters, FEMA, the Wake County Disaster Assistance Coalition, and the North Carolina National Guard.

We have been involved in relief efforts in the Southeast for more than 10 years, beginning with Hurricane Andrew in 1992. We distributed a combined total of over 6 million pounds of food and supplies after Hurricanes Fran (1996), Bonnie (1998), Floyd (1999), and Katrina and Rita (2005).

- The food drive schedule was full for the winter holidays. Next Media's "50-HOUR Food Drive" ran from November 15 –November 18, and Lowes Foods' "Friends Feeding Friends Food Drive" was conducted from November 1 through the last day of 2006. Late winter will bring the Mayfaire Food Drive, Students Against Hunger Food Drive, and the Measures of Faith Fund and Food Drive. These community efforts will help keep those shelves and cupboards full through the winter months and into spring.
- This past summer, the city of Wilmington awarded a General Fund Grant of \$30,000 over two years to the Food Bank.
- Bob King Automotive and PPD each donated \$2,500; Wilmington Machinery contributed \$500.
- The Cape Fear Memorial Foundation awarded a Development Challenge Grant of \$50,000 to the Wilmington Branch last fiscal year. These funds supported regional fundraising, public relations, and media work.
- The Wilmington Rotary Club sponsored the 2006 New Hanover Crop Walk at Greenfield Park and provided funding, volunteers, and the end-of-walk fellowship gathering at the Rotary Wheel in the park. We had over 250 walkers. Keep Croppin'!

For more information on how to participate in Wilmington branch activities, call (910) 251-1465.



## HIDDEN HUNGER

### Hunger Awareness Gets Voice at North Carolina General Assembly

This past summer, nearly 100 people from the partner agencies of the Food Bank gave voice to the thousands of North Carolinians who rely on emergency food assistance programs. These agency representatives engaged members of the General Assembly in dialogue about the work that they do to bring relief to those who are at risk of hunger in their communities.

North Carolina results from the America's Second Harvest study were announced from the floor by Senator William R. Purcell, D-Laurinburg and Representative Beverly M. Earle, D-Mecklenburg County. Other participants in the event included Haywood Holderness jr., former chairperson of the Food Bank's Board of Directors and Senator Vernon Malone, D-Raleigh.

This year, Hunger Awareness Day will be celebrated on June 5, 2007.

### The Good News—SNAP

State Nutrition Assistance Program funding (also known as SNAP funds or Food Bank Grant Funds) appropriated by our General Assembly expand the capacity of our state's food banks to relieve the effects of hunger. SNAP funds benefit businesses as well, as these funds are used to purchase nutritious, staple food items from North Carolina food companies at discounted rates. These food purchases complement the donations and help feed those in need across our state.

### *Study Reveals Hidden Hunger*

Excerpted from the *Hunger in America 2006 Report for North Carolina*

Information drawn from a nationwide study conducted for America's Second Harvest, The Nation's Food Bank Network, by Mathematica Policy Research, Inc and submitted to the North Carolina Association of America's Second Harvest Members.

**Special Note:** The *Hunger in America 2006* study results focused exclusively on partner agencies of the America's Second Harvest food banks/food-rescue organizations located in North Carolina that provide emergency food assistance. The many other types of programs served by these organizations, which also serve citizens in need, were not included in this study. **This is the first study of its kind conducted for the entire state of North Carolina.**

The numbers from the study tell a tragic story of the hidden reality of hunger across our state. One in every eight North Carolinians receives help from North Carolina's food assistance programs. Partner agencies of our state's food banks provide emergency food assistance to over 1 million different people each year. Partner Agencies of our state's America's Second Harvest Food Banks serve North Carolina's most vulnerable citizens: nearly 319,000 children and nearly 132,000 elderly. Seventy percent of those served have incomes below the poverty level. Sixty-three percent have an average monthly household income of \$810. By contrast, the national mean is \$5,006.

Only 40% of the client households served by partner agencies of North Carolina America's Second Harvest Food Bank are receiving food stamps. North Carolina's Food Stamp participation rate is 62% of those potentially eligible.

## More than 200,000 Pounds of Food Were Collected on Food Lion Hunger Relief Day at the NC State Fair

A sunny fall day, coupled with the promise of free admission, brought out more than 100,000 fairgoers on October 19, Hunger Relief Day at the North Carolina State Fair. Approximately 400 volunteers and staff members collected a record of over 217,000 pounds of food from fair attendees, who were admitted free if they had four cans of food in hand. "It was a fantastic turnout, and we are proud to be a part of this food raising effort every year," said Mike Pleasant, State Fair assistant manager. "Thanks to Food Lion and all the volunteers for supporting this event."

Food Lion donated almost 5,000 pounds of Food Lion canned goods to kick off Hunger Relief Day. Attendance and donations were up from last year (in 2005, about 92,000 fairgoers came out on Hunger Relief Day, and 185,000 pounds of food were collected). The Food Bank and the N.C. State Fair partnered to bring the event to Raleigh for the fourteenth year. Food Lion sponsored Hunger Relief Day for the third time.



## VOLUNTEER POWER

### *Produce Company Kicks Off Corporate Philanthropy Efforts*

#### **L&M Family of Companies Presents Food Bank with \$7,600**

John Oxford, the CEO of the L & M Family of Companies, visited the Food Bank this past July to put into action the company's values: excellent service, unyielding integrity, and long-term relationships. Oxford presented one of the company's longtime clients, The Food Bank of Central & Eastern North Carolina, with a \$7,600 check. The check presentation was the culmination of a six-month, nationwide community service commitment to America's Second Harvest.

The L & M Family of Companies was founded in Raleigh in 1964 and now has offices in many of the major fruit and vegetable growing and importing regions throughout the United States.

## Give Today and Double Your Gift!

Your gift of \$1,000 or more will be matched dollar-for-dollar by a generous challenge from The Stewards Fund. We invite you to use the enclosed reply envelope before March 31, 2007 to ensure that the Food Bank receives every matching dollar up to the \$150,000 maximum.

**Please join us! Your gift allows us the great privilege of providing much needed food to the children and families at risk of hunger throughout central and eastern North Carolina.**

## Upcoming Events

Measures of Faith Food and Funds Drive  
ONGOING

Mayfaire Food and Fund Drive—Wilmington  
FEBRUARY 2007

With assistance from the media, all retail stores located in Mayfaire Shopping Town will participate in a 50-hour, onsite food and funds drive.

BIG FOUR ACC Canned Food Drive  
FEBRUARY 2007  
Duke, UNC, NCSU, and Wake Forest compete.

St. Patrick's Day Parade  
MARCH 17, 2007

Food Bank volunteers will walk in the parade to raise hunger awareness.

Great Human Race—Durham  
MARCH 24, 2007

Crop Walk—Durham  
APRIL 1, 2007

Feed the Need  
APRIL 21, 2007

National Association of Letter Carriers Food Drive  
MAY 12, 2007

Hunger Awareness Day  
JUNE 5, 2007

**For more information on upcoming events, visit [www.foodbankcenc.org](http://www.foodbankcenc.org).**

### Volunteer Tasks at Food Bank Warehouses Include the Following:

- Salvage Recovery—Salvage is nonperishable food and non-food recovered from distributors. Salvaged food must be inspected for damage and expiration dates.
- Potato Sorting—North Carolina produces the largest quantity of sweet potatoes in the United States. Local farmers donate sweet potatoes to the Food Bank that are not ideal to sell in a grocery store because they are too big or too small. Volunteers repack the good potatoes into family-size portions that are distributed through our partner agencies.
- Pasta and Rice Repackaging—Loose pasta and rice generally arrive in 30-pound boxes. Volunteers help repack it into family-size portions of 1–2 pounds. Volunteers fill, weigh, and label bags.



3808 Tarheel Drive  
Raleigh, NC 27609

Nonprofit Org.  
U.S. Postage  
PAID  
Raleigh, NC  
Permit #1681