



## 45 Million Meals Annually... But We Could Do More

**A**ngela's husband had been laid off and out of work for nine months. The family of four, including third grader Autumn and kindergartner Alyssa, had pinched all the pennies they possibly could. They took a loan from a family member to help get them through the tough time. But without a consistent income, Angela had to seek out resources to feed her children. "We were searching for help all around the area," recalled Angela.

Luckily Angela was able to connect with one of the Food Bank's Kids Cafe programs in Durham. There, Autumn and Alyssa can get a hot, nutritious meal after school, and mom Angela gets some relief: "It means I can eat dinner too and not have to skip anymore to make sure they can get enough."

Getting enough is unfortunately a problem that many families in our service area are facing. With more than 651,000 individuals living in food insecure households, far too many people have to skip meals or just simply go without. Last year, the Food Bank of Central & Eastern North Carolina distributed enough food to provide more than 45 million meals to those struggling with hunger in our 34-county service area.

### But we could do more.

When we moved into our current headquarters in Raleigh 18 years ago, we distributed about 5 million pounds of food per year, 10% of which was perishable items like fresh produce, meat, and dairy. Now we distribute over 53 million pounds of food each year, half of which is perishable. During this time, food insecurity in our service area has doubled, and we have reached our limit regarding expanding to meet the growing need.



**"It means I can eat dinner too and not have to skip anymore to make sure they can get enough."**

The Food Bank's vision is that with a new headquarters, we can eventually provide an additional 30 million meals. In addition, we hope to grow our distribution of fresh produce and healthy proteins like meat, fish, and poultry by increasing cooler and freezer space. Ultimately a new building for our main distribution center will create a community resource that can respond to the growing needs of our region. And with the considerable need in our 34-county service area, it's a resource that is sorely needed by folks like Angela and her family.

For more information on our need for a new headquarters, visit [foodbankcenc.org/HQOntheMove](http://foodbankcenc.org/HQOntheMove).

DURHAM

GREENVILLE

NEW BERN

RALEIGH

SANDHILLS

WILMINGTON

**2**

**Feed the  
Need**



**2**

**Stamp Out  
Hunger**



**3**

**Greenville  
Milestone**



**4**

**Stop Summer  
Hunger**



## From the Desk of the President & CEO



Peter Werbicki

Each year, the Food Bank of Central & Eastern North Carolina distributes a record breaking amount of food. Unfortunately, each year the need is also rising at an alarming rate. Our more than 800 partner agencies are seeing an increase in the number of people seeking a lifeline in the form of a bag of groceries or a hot meal. Like Angela, whom you read about on the cover, these are folks who need a helping hand to get them through a rough time. It is our hope that soon the Food Bank will be able to come much closer to meeting that need with the help of a new headquarters building. More than 50% of the total amount of food distributed to our 34-county service area comes through our main distribution center, and much of this food is sorted and repackaged by volunteers before being delivered to the branches. A new facility would allow for more refrigerator and freezer space so that the Food Bank could increase distribution of nutritious produce, dairy items, and meat. Ultimately our goal is to make sure more meals are on the tables of the hundreds of thousands of people who are struggling. We thank you for providing us with the tremendous support that has enabled us to reach this point, and we hope you will continue to help us feed more families.

## SPRING EVENTS 2015 PLEASE JOIN US IN THE FIGHT AGAINST HUNGER!



### Feed the Need: Step up to the plate to feed hungry kids

Step up to the plate and help feed hungry kids in our communities. Join the News & Observer and help "Feed the Need"! Drop your kid-friendly food donations at your local Harris Teeter store from April 1–25, or come on out for a special "Feed the Need Day" on Saturday, April 25 at three select stores in the Triangle area. Visit the website below to learn how you can make a direct impact on a child's life.

Learn more: [www.feedtheneednc.com](http://www.feedtheneednc.com).



Durham Magazine and Chapel Hill Magazine present  
**Grand Taste Experience**  
at Durham Armory  
[tastetheevent.com](http://tastetheevent.com)

### TASTE 2015

Durham Magazine and Chapel Hill Magazine present TASTE: A Celebration of Food & Drink April 23–26. The event will showcase the best of food and beverage in the Triangle area. Each night there is a different event, beginning with the Grand Taste

Experience at the Durham Armory. At this event you'll have a chance to sample food from more than 20 different chefs, as well as local beverage makers. A portion of the proceeds from Taste 2015 benefits the Food Bank's Durham Branch. Last year, Taste the Event provided more than 17,000 meals for those in need.

For additional details and to purchase tickets: [www.tastetheevent.com](http://www.tastetheevent.com).

### Stamp Out Hunger in Central & Eastern North Carolina

Join the National Association of Letter Carriers for the largest one-day food drive in the nation! Look for a designated donation bag delivered by your letter carrier (or use a bag you have on hand), fill it with your donation, and place it by your mailbox. Your letter carrier will pick it up on Saturday, May 9. Last year, Stamp Out Hunger raised enough food in our 34 counties to provide more than 318,000 meals.

Learn more: [foodbankcenc.org/events](http://foodbankcenc.org/events).



## Greenville Branch Distributes 100 Million Pounds

The Greenville Branch distributed its 100 millionth pound to partner food pantry Salem Missionary Baptist Church.



When the Salem Missionary Baptist Church Food Pantry arrived at the Food Bank's Greenville Branch to shop for food items for their pantry, they had no idea that they would be part of history. As Food Bank staff loaded food items onto the scale, the Greenville Branch, in operation since 1999, hit the milestone of 100 million pounds of food distributed. This is equivalent to more than 84.2 million meals. The Branch distributes food to rescue missions, soup kitchens, food pantries, after-school programs, and elderly nutrition programs in 10 counties: Carteret, Craven, Edgecombe, Greene, Jones, Lenoir, Onslow, Pamlico, Pitt, and Wilson counties.



Greenville staff celebrates 100 million pounds distributed.

"I stand here today in awe of this organization and especially this Greenville Branch," said Todd Penland, Greenville Operations Supervisor. "We have weathered storms, literally and figuratively over the past few years. To know that we have provided 100 million pounds of food, 84.2 million meals to families in Greenville and the surrounding counties, is a true testament to our mission: No One Goes Hungry."

During a short speaking program, the Salem Missionary Baptist Church food pantry received a certificate and a trophy to immortalize their place in Food Bank history, and the Greenville Branch staff received an award for Outstanding Service for distributing 100 million pounds since 1999.

## PLAN FOR TOMORROW

### INFLUENCE THE FUTURE

As a legacy partner, you envision a world without hunger and want to help ensure a better future for those in need. Consider creating your own legacy with the Food Bank. By including the Food Bank in your estate plan, you make a lasting contribution that touches countless lives through our staff and over 800 partner agencies. If you have already remembered the Food Bank in your plans, please let us know. We are grateful for your commitment and would welcome the opportunity to thank you!

Become a legacy partner by naming the Food Bank as beneficiary of your:

Will or trust

IRA or other retirement plan

Life insurance policy

For more information on how to leave your legacy, contact Ashley Delamar, Vice President of Development, at 919.865.3044 or [adelamar@foodbankcenc.org](mailto:adelamar@foodbankcenc.org)

#### HUNGER MATTERS

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Questions? Call 919.865.3063.

**Yes,** you can count on my generous gift to help stock the shelves at the Food Bank of Central & Eastern North Carolina, so that individuals, children, and their families continue to have access to daily meals.

#### Here is my gift of:

- Other \_\_\_\_\_
- \$500
- \$250
- \$100
- \$75
- \$50

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

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**Please charge my**  Visa  Mastercard  AMEX  Discover

Account# \_\_\_\_\_ Exp Date \_\_\_\_\_

Signature \_\_\_\_\_

- Enclosed is my check made payable to the Food Bank of Central & Eastern North Carolina.
- I have attached a matching gift form from my employer.

#### Please clip & mail to:

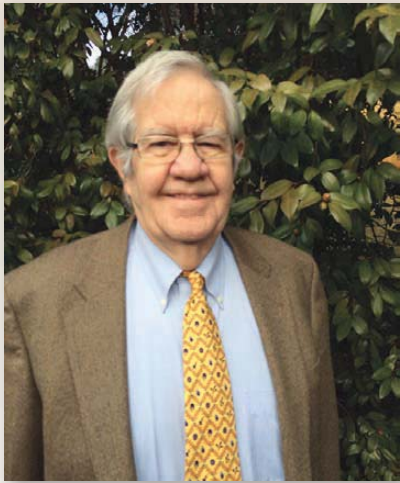
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3808 Tarheel Drive  
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Or, give online at  
[www.foodbankcenc.org](http://www.foodbankcenc.org)

HML0415

**MAKE YOUR TAX-DEDUCTIBLE CONTRIBUTION NOW AT [FOODBANKCENC.ORG](http://FOODBANKCENC.ORG).**





2014 Hunt-Morgridge Award recipient  
**Ashmead P. Pipkin.**

## Top Donors, Volunteers, Agencies Honored

The Food Bank held a special evening of recognition on March 16, 2015. In addition to honoring our most exemplary donors of funds, food, and time during FY 2013–2014, friends of the Food Bank gathered to honor the 2014 Hunt-Morgridge Award winner Ashmead P. Pipkin. Ash served as the Board Chair for many years and had a key role in the Food Bank's move to our current location in Raleigh. He was an essential part of purchasing the assets of the Food Bank of Coastal Carolina, now our flourishing Wilmington Branch. The Hunt-Morgridge award recognizes extraordinary leadership and dedication to hunger relief efforts. The Food Bank instituted the award in the names of The Honorable James B. Hunt, Jr., former Governor of North Carolina, and John P. Morgridge, Chairman Emeritus of Cisco, for their outstanding contributions to our mission.



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**No School  
Means No Lunch**



In the Food Bank's 34-county service area, **300,000 children lose free/reduced-cost meals when school's out.** Beginning in June 2015, you can help us provide them with 3.2 million meals. Visit [foodbankcenc.org/stopssummerhunger](http://foodbankcenc.org/stopssummerhunger).