

THE HUNGER BEAT

To Beat Hunger

Spring/Summer 2008

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**FOOD
BANK**



**OF CENTRAL
& EASTERN
NORTH
CAROLINA**

A Newsletter of the Food Bank of Central & Eastern North Carolina



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THE HUNGER BEAT

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FROM THE DESK OF THE PRESIDENT & CEO

Dear Friends,

During the fall and winter, your generosity allowed us to provide a record number of meals during the holidays, despite the affect of the drought on our produce donations last summer.

However, as the weather around us changes, some things remain the same:

- Unfortunately, the drought is ongoing, and our produce donations remain down.
- More individuals are finding themselves in emergency situations. Some of our larger partner agencies report that the number of people they served from January–September of 2007, when compared to 2006, represents a 20%–30% increase in clients.
- We still need to stock our shelves to prepare for the increase in spring and summer demand due to at-risk children being on break and not receiving free or reduced lunch meals at school.

There is currently hope on the horizon.

We have been hard at work encouraging our senators and representatives in Washington to support the Farm Bill, particularly the Nutrition Title that impacts TEFAP (The Emergency Food Assistance Program) and the Food Stamp Program. Thanks to your efforts, it is now law. The Nutrition Title will increase access and current funding for both Food Stamp and TEFAP participants. These programs are the core of the bill's Nutrition Title, and millions of hungry Americans depend on these support systems—coupled with local food banks like the Food Bank of Central & Eastern NC—to put meals on their tables.

We will continue to bring large, community-based food and fund drives to your neighborhoods during the spring and summer to keep hunger and those at risk on your radar throughout the year.

The economic downturn continues to keep hunger on the rise. Fuel costs for clients, agencies, food banks—and even for you—are on the rise. The cost of grocery items is on the rise. The housing market is in turmoil.

But we continue to be able to provide generally \$8 worth of food from your \$1 donation.

With the continued extraordinary support from you—individuals, families, schools, civic groups, faith institutions, corporations, and media partners—our collaborative efforts can continue to provide food to those who need it.

Thank you for your support,

Peter Werbicki, President & CEO

Our Food Bank has received a Charity Navigator 4-Star Rating for 7 consecutive years.



Representatives from NC Food Banks

ACT NOW!

HUNGER IS A SOLVABLE PROBLEM

Please contact Senators Dole and Burr immediately. Urge them to support increased funding for federal nutrition programs so that needy working families, children, and seniors are able to access the food assistance they need in times of hardship.

Contact Information:

Senator Elizabeth Dole: 202.224.6342

Senator Richard Burr: 202.224.3154

You can also submit electronic support by visiting America's Second Harvest at www.secondharvest.org/learn_about_hunger/farm_bill/index.html. Use the toll-free number (1.800.826.9624) made available by AARP to connect to the US Capitol switchboard. You will be connected after hearing a short nutrition line message.

ON THE BURNER: WE NEED A FINAL FARM BILL!

The Farm Bill, the major agricultural legislation in the United States, expires every four or five years. This bill outlines provisions on commodity programs, trade, conservation, credit, agricultural research, food stamps, and marketing. More than 35.5 million people in the United States live in households facing a constant struggle against hunger. In our state, more than 400,000 individuals are at risk of hunger in the Food Bank of Central & Eastern NC's 34-county service area. It is imperative, therefore, that our leaders in Washington enact a final Farm Bill to feed hungry Americans.

Breaking News

On February 12, the House Agriculture Committee Chairman Collin Peterson (D-MN) unveiled a Farm Bill proposal that would fund nutrition title improvements at \$8.5 billion over ten years. This proposal would allow some important nutrition program initiatives but would fall \$3 billion short of the level in the House-passed Farm Bill (H.R. 2419). We urge Congress to build on the Peterson nutrition title proposal and fully fund the nutrition title. The \$11.5 billion the House approved for the nutrition title is vital to make progress on the basic improvements in the Food Stamp Program and The Emergency Food Assistance Program (TEFAP) that are urgently needed.

What is at Stake

Food stamp benefits average a mere \$1 a person a meal. The minimum monthly food stamp benefit has been stuck at \$10 for three decades. Many food bank shelves are empty. The pending Farm Bill nutrition title must make significant investments in both the Food Stamp Program and TEFAP.

The Farm Bill, currently being drafted in the U.S. Senate, is so vitally important. These programs are the core of the bill's Nutrition Title. Millions of hungry Americans depend on these support systems, coupled with local food banks, like the Food Bank of Central & Eastern NC, to put meals on their tables. ■

Update: The Farm Bill is now law!

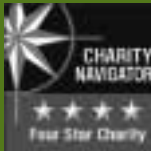
The House and the Senate voted to override the President's veto of the Farm Bill by overwhelming margins. This is a significant victory for the nutrition community and for all we serve.



IDOL GIVES BACK

The Food Bank received a \$29,000 grant to combat child hunger and expand the *Kids Cafe* program. Charity Projects Entertainment Fund (CPEF) teamed up with FOX and *American Idol* to present *Idol Gives Back*, which aired on FOX in April of last year. This two-night special raised awareness and funds for organizations that focus on providing resources for young people in extreme poverty.

FOOD BANK RECEIVES 4-STAR RATING— AGAIN!



The Food Bank received our new Charity Navigator rating in February. We earned our seventh consecutive 4-star rating for our ability to efficiently manage and grow our finances. Less than 1% of the charities rated have received seven consecutive 4-star evaluations. Our rating indicates that we outperform most charities in America in our efforts to operate in the most fiscally responsible way possible.

IN THE BAG: FOOD LION IS 2007 FOOD DONOR OF THE YEAR



The Food Bank of Central & Eastern NC recognizes Food Lion's extraordinary commitment to feeding those who suffer from hunger. Thanks to the longtime partnership with our organization, Food Lion donated over 7 million pounds of nutritious meats, produce, deli food, and baked goods in 2007. This is equivalent to 6 million meals. Our organization distributed this much-needed food to those at risk of hunger throughout our 34-county service territory.

Food Lion provides additional services to the Food Bank in the following ways:

- Rick Anicetti, President/CEO of Food Lion, and Glenn Gaylord, Director of Operations in the Raleigh/Durham market, have provided many years of active leadership on the Food Bank Board of Directors by donating their time and expertise.
- Peggy Dooley-Isley is the designated Food Lion staff member who assists the Food Bank, and other charitable organizations, in maximizing the many opportunities offered by Food Lion.
- Food Lion assists with commercial freight by hauling an additional three to four loads per week when Food Bank trucks are busy with other donor pickups and branch distributions. This assistance with commercial freight is valued at \$3,000.
- Food Lion has held two food box food drives annually for five years. *Hunger Has a Cure* is held in June, and *Shopping for Second Harvest* occurs in November and December. Every Food Lion retail store participates in these two critical drives.
- More than 200 retail stores within the Food Bank's 34-county service area donate food items to the Food Bank or directly to partner agencies.
- Food Lion has sponsored *Hunger Relief Day* at the North Carolina State Fair for four consecutive years and donates pallets of food to kick off the event.
- Food Lion donates school supplies to the Food Bank *After School Program*.

Food Lion, Inc. has been a top donor of our Food Bank for more than 20 years!

2007 HEART OF CAROLINA SPONSORS

The Food Bank gratefully thanks this year's HOC sponsors.



Construction

Construction is a national competition held in over 100 cities throughout North America. Teams of architects, engineers, and students design and build giant structures from cans of food. At the close of these exhibits, the cans are donated to local food banks.

Raleigh's Construction was held at the Marbles Kids Museum, formerly Exploris, in downtown Raleigh from October through January. The theme was "Toys and Games" and included a Mr. Can-tato Head, Monopoly Board, Battleship, and Rubix Cube. The last week of January was De-Construction as staff and volunteers disassembled all of the structures. The food was brought to the Food Bank in Raleigh and weighed. This year's total was 23,490 pounds, which is equivalent to 19,781 meals for those suffering from hunger in our community!

DISHING IT OUT: COMMUNITY FOOD DRIVES

A Record Year for Heart of Carolina

The 21st Annual Heart of Carolina Food Drive (HOC) sponsored by ABC11 Eyewitness News surpassed our goal of 1 million pounds. In mid-November, the Food Bank of Central & Eastern NC and the Second Harvest Food Bank of Southeast NC in Fayetteville kicked off this ambitious campaign. At the close of *Drive Thru Day*, when drivers donate canned food from their cars, the goal had already been exceeded at 1.5 million pounds.



Increase in Need

In today's economy, due to the increase costs of food and fuel and a troublesome housing climate, more people than usual have concerns about the source of their next meals and how far they can stretch their resources. A sample survey of some of our larger partner agencies found that they are seeing a 20% to 30% increase in the number of clients. Our lead media sponsor, ABC11 Eyewitness News, and our corporate partners—Kroger, Talecris, Embarq, Genworth Financial, IBM, Cisco, Credit Suisse, House Autry Mills, and RBC Centura Bank—responded immediately to the increasing need for food donations with donations and support.

Food donations were accepted at all Kroger stores; Food Bank locations in Raleigh, Durham, Greenville, and Southern Pines; the Food Bank in Fayetteville; and TradeWilco locations in Pitt County.

Initiated in 1987 by WTVD ABC11, the HOC Food Drive continues to gain momentum with the support of community agencies throughout its 22-county viewing area. Last year's event raised more than 767,000 pounds of food plus additional funds that helped feed the more than 400,000 people at risk of hunger in our 34-county service area. ■



Super Bowl— Giants Win it All

The New York Giants won the televised

Super Bowl XLII competition. The Food Bank's *Super Bowl* was also a winner, as we invited communities to collect food at Super Bowl parties on Sunday, February 3. The combined food and funds collected were equivalent to 2,668 meals. Thanks to the wonderful football fans in our service area! Food and funds from this challenge were collected at our five branches.



16th Annual Stamp Out Hunger Food Drive Coming May 10th

Restocking Food Bank shelves is a critical and continual process. On Saturday, May 10, 2008, local letter carriers and the National Association of Letter Carriers (NALC), in conjunction with the US Postal Service, collected nonperishable food donations in an effort to fight hunger during the 16th Annual Letter Carriers Food Drive called "Stamp Out Hunger." All donations went to the Food Bank of Central & Eastern NC branch in the neighborhood of the donor (Durham, Greenville, Raleigh, Southern Pines, and Wilmington).

Generous citizens placed nonperishable food donations in a bag by their mailboxes on Saturday, May 10, before the letter carrier arrived. The letter carrier then took the food to the post office, where it was then delivered to Food Bank warehouses for distribution to those at risk of hunger.

DISHING IT OUT: COMMUNITY FOOD DRIVES (cont.)

Hoops 4 Hunger Food Drive

During February, NCSU Women's Basketball Coach Kay Yow served as honorary chair of a student-led food and funds competition called *Hoops 4 Hunger*. This food and funds drive was open to all colleges and universities to help restock depleted shelves after the holiday season. Coach Yow encouraged students to "give [their] best shot and help fight hunger." The institution collecting the highest per capita total by the end of February won the competition. Congratulations to Wake Forest University, which will be home to the *Hoops 4 Hunger* trophy for one year!

In addition to the highest pounds per capita, we also note the following:

- NCCU donated the most actual pounds of food.
- UNC-Chapel Hill donated the most actual dollars.
- Together, all seven participating schools collected 5,055 pounds of food and \$6,506, the equivalent of 31,651 meals!

Donations collected by Wake Forest will benefit the Second Harvest Food Bank of Northwest NC; and donations collected by all the other schools will benefit our Food Bank. A big thanks to our college basketball fans!

Feed the Need

The News & Observer community food drive, *Feed the Need*, collected enough food and funds to allow the Food Bank to provide 241,692 meals.

- 9,431 pounds of food were collected
- 8,536 *Feed the Need* special editions purchased on *Feed the Need Day*
- \$55,000 in donations, sponsorships, and papers sold
- More than 330 volunteers on *Feed the Need Day*

During the two-week food drive, donations of nonperishable food items were placed in Feed the Need bins at Harris Teeter stores throughout the region.

The News & Observer also published a special section in their Sunday, April 6th edition with information about hunger and how the Food Bank and its partners are working to eliminate it.

On *Feed the Need Day*, April 12, more than 300 volunteers sold a special \$1 *Feed the Need* edition of *The News & Observer* at area Bojangles' and Harris Teeter stores. Seventy-five cents of each paper sold went directly to the Food Bank. ■

KIDS

Summer Stock

A Community-Wide Food and Funds Event To Benefit Children at Risk of Hunger

Presented by
Cisco Systems, Inc. and
Genworth Financial



Kids Summer Stock kicks off in June and concludes on July 4th. The drive will stock shelves and increase food distribution at the Food Bank to help feed hungry children.

HOW CAN YOU HELP?

- Attend an event at one of our branch locations; each branch is featuring a unique and fun event during the month of June.
- Sponsor a food drive during the month of June—encourage your company, church or neighborhood to get involved!
- Donate to Kids Summer Stock to help stock the shelves and provide meals to kids.
- Use one of our Food Bank Ecards to tell a friend or family member about Kids Summer Stock!

SCHOOL'S OUT, BUT THERE'S NO VACATION FROM HUNGER:

During the summer, more than 250,000 children who live in the Food Bank's 34-county service area are without access to the free and reduced-cost meals they receive at school. Food drive donations are down at the same time, as people go on vacation and take a break from their normal routines. After experiencing this trend for years, the Food Bank of Central & Eastern North Carolina is doing something about it. It is called Kids Summer Stock, and it is coming to your neighborhood in June!

EVENTS

KIDS SUMMER STOCK AT DURHAM

Friday, June 13, 2008 • 6:00 pm to 7:30 pm

DURHAM BRANCH OPEN HOUSE

708 Gilbert Street, Durham

Please Join Us for Hors d'oeuvres, Drinks, Music and a Lively Tour of the Food Bank of Central & Eastern North Carolina at Durham

Hors d'oeuvres provided by Brightleaf Square Restaurants: Amelias, El Rodeo, Piazza Italia, and Nikos Taverna

Music by Evan Wade and His Kakalakalayans

Following this free event, we invite you to enjoy an outdoor concert at Brightleaf Square: Music by the Magic Pipers, 7:00 pm to 9:00 pm.

Your tax-deductible donations to the Food Bank of Central & Eastern North Carolina will be accepted at the door!

THIS EVENING SPONSORED BY: HARRIS WHOLESALE •

THE HERALD SUN • LOWES FOODS • ABC11

KIDS SUMMER STOCK AT GREENVILLE

Sunday, June 22, 2008 • 6:00 to 8:00 pm

SUNDAY IN THE PARK POPS CONCERT

100 East First Street, Greenville

Please Join Us for an Evening of Music and Fun at Greenville Town Common

Music by the Greenville Summer Pops Orchestra as part of the free Sunday in the Park Concert Series benefiting the Food Bank of Central & Eastern North Carolina

Bring three cans of food or \$1 for a chance to win exciting door prizes

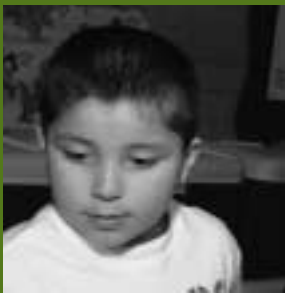
THIS EVENING SPONSORED BY ALDRIDGE & SOUTHERLAND

REALTORS • KESSLER LAW FIRM • NACCO

KIDS

Summer Stock

**JOIN US
JUNE 1
THROUGH
JULY 4TH**



**OUR KIDS
NEED YOU!**

KIDS SUMMER STOCK AT SUMMERFEST IN CARY

**Saturday, June 21, 2008 • 6:00 pm, Dinner/Drinks
by the Lake • 7:30 pm, "Forbidden Broadway"**

DINNER, DRINKS, AND THE NORTH CAROLINA SYMPHONY
PERFORMANCE OF "FORBIDDEN BROADWAY"

8003 Regency Parkway, Cary

Please Join the Friends and Sponsors of the Food Bank
of Central & Eastern North Carolina at the Koka Booth
Amphitheatre at Regency Park (Lawn Seating Provided)

Tickets are \$80 per person
(includes a \$50 tax-deductible portion)

RSVP by June 12, 2008 to Nancy Novell
(nnovell@foodbankcenc.org or 919.865.3049)

Space is limited—reserve early!

Also: Bring 3 cans of food to this or any of the June
Summerfest events at Koka Booth Amphitheatre and get
a free "Movies by Moonlight" ticket!

THIS EVENING SPONSORED BY: TOWN OF CARY • IBM • L & M
FAMILY OF COMPANIES • HARRIS WHOLESAL • LOWES FOODS •
ABC 11

KIDS SUMMER STOCK AT SANDHILLS

Friday, June 6, 2008 • 5:00 to 8:00 pm

FIRST FRIDAY NIGHT IN SOUTHERN PINES

Downtown Southern Pines Next to the Sunrise Theatre

Please Join Us for a Family Oriented Free Event

Featuring: Live Music, Refreshments, and Kids Activities

Visit us at the Food Bank Display

Contributions of nonperishable food and donations
are encouraged

KIDS SUMMER STOCK AT WILMINGTON

Wednesday, June 18, 2008 • 7:00 pm to 9:00 pm

AN EVENING AT THALIAN HALL

2nd Floor Ballroom, 310 Chestnut Street, Wilmington

Please Join Us for Wine Tasting & Music by Jimmy Gatlin

Tickets are \$50 per person
(includes a \$35 tax-deductible portion)

Business Attire

RSVP by June 12, 2008 to Tommy Taylor
(ttaylor@foodbankcenc.org or 910.251.1465, ext. 2202)

Space is limited—reserve early!

THIS EVENING SPONSORED BY: THALIAN HALL CENTER FOR THE
PERFORMING ARTS, INC. • NEXT MEDIA • LOWES FOODS



WHO ARE THE FACES OF THE FOOD BANK?

They might be a person you see on the street, in a car, or on the bus. They might be a family member, your neighbor, co-worker, or friend. You might sit next to them at church or stand behind them in a store.

The Faces of the Food Bank are those who touched by the issues of hunger or who are suffering from hunger itself. They are the hard-working folks at the soup kitchens, food pantries, shelters, after-school programs, and senior centers that we serve. They are the individuals, families, and seniors who receive meals and groceries from the Food Bank. They are the staff, supporters, board members, and volunteers of the Food Bank. Each month, we will share some of their stories in here.

FACES OF THE FOOD BANK: THE ROAD TO RELIEF

By Lee Cheney

Raleigh: As part of the new staff member training program, Lee Cheney, Volunteer Coordinator at the Raleigh Branch, accompanied driver Tony Evans on a delivery route to rural Halifax County. Tony makes weekly deliveries of food to agencies in this area. Lee recounts her experience below:



“The agency we delivered to was a small church, nothing around it for miles. They take the food that we give them and sort it into boxes, in equal amounts, to give to the individuals in need. The parking lot was packed. There were probably about 100 people but very few cars. I later found out that most of them walk or get rides from neighbors as early as 7:00 or 7:30 am, even though our truck doesn’t arrive until the afternoon. For many, this is the only supply of food they will get for an entire week. They wait in the parking lot for hours despite freezing rain or blazing heat.

“This particular day was just before Thanksgiving, and the volunteers at the church were so happy to see that we had pumpkins to give out in addition to the regular bread, meat, juice, and produce we normally deliver. It pleased them to know that the families would be able to make pumpkin pies for the holidays.

“It didn’t take long for the food to be sorted. Once they were ready, the line was formed. As boxes were handed out, there was a very somber and respectful air among individuals and volunteers alike. I found myself staying equally as quiet and respectful. It didn’t matter if they provided the food to a family of six or to one senior citizen, the same amount of food was given to everyone. It was a humbling experience. It made me realize how important our work is to so many people in our communities.” ■



OUT OF THE MOUTH OF . . .

From Trash to Treasure

On a bright sunny day a few months ago, a woman stopped by the Sandhills Branch of the Food Bank to drop off a donation. She shared an interesting story of how one of her friends searches through trash to find unused grocery coupons. Once she finds enough coupons, she distributes them to others to purchase food. The woman, a long-time supporter of the Food Bank who is keenly aware of the plight of struggling families in her area, took this idea to the next level. She began saving her own family's unused coupons to purchase "free" food to donate to the Food Bank. It's an easy way for her to support the Food Bank without putting a dent in her pocketbook!

IN YOUR NEIGHBORHOOD: KICKING 4 HUNGER 2007

Durham: Gabriel Whaley, founder and camp director for *Kicking 4 Hunger (K4H)*, is a rising senior at the NC School of Science and Mathematics in Durham. The mission of this innovative student-led program is to bring the community together through a soccer camp outreach for rural children. A canned good donation is the only requirement for camp attendance. In 2006, Whaley hosted three camps in the area. The project took in nearly 1,500 cans of food and reached more than 70 rural children. In 2007, K4H raised more than 3,200 canned goods, as well as \$1,300 to benefit those at risk of hunger.

In a letter to the Food Bank, Whaley writes:

"As part of a new initiative started in the summer of 2007, it was decided that all the money raised through the camps would go to the Durham area during the winter months to benefit the hungry when the need is great. Since many of the volunteers are high school students at the NC School of Science and Math, myself included, we decided to send the funds to help the hungry in our home away from home in Durham. Thus we settled on the Food Bank of Central & Eastern NC in Durham, in hopes that *Kicking 4 Hunger* will be able to have a positive effect in both hometowns of my volunteers as well as myself."

Thank you, Gabriel! Your camp provided more than 8,200 meals! ■



AGENCY SPOTLIGHT

Wilmington's Residential Adolescent Achievement Place, INC. (WRAAP)

Ebenezer Missionary Baptist Church,
2929 Princess Place Drive, Wilmington,
North Carolina

Brief History & Scope of Services

WRAAP, Inc., is a newly formed 501(c)(3) private nonprofit agency located in Wilmington. Since its inception, the Board of Directors, program staff, and volunteers have responded to the needs identified by youths, parents, schools, community leaders, courts, social services, and faith-based communities. WRAAP offers programs to promote self-reliance and healthy lifestyles through education, mentoring, and advocacy. The targeted populations are identified as "at-risk" children—those who have low academic achievement or court involvement, are latch-key kids, or are engaged in some form of risky behavior.

Mission: To bridge the educational and social gaps that exists amongst our youths, families, and communities.

Goals: To offer after-school services and community outreach opportunities that benefit "at-risk" children and families.

Methods: Supervised activities, 1st–12th grade, 5 days a week.

Contact Person: Daryl Dockery, CEO and Founder of WRAAP, PO Box 4845, Wilmington, NC 28406, 910.520.9286.

VOLUNTEER SPOTLIGHT:

MARCIA COPREW— A VOLUNTEER IN ACTION

In a recent interview, Durham Branch Food Bank volunteer Marcia Coprew expressed her perceptions about hunger and its effect on her community. She began volunteering in 2006. Here are her comments:

HB: What drew you to the Food Bank as a volunteer?

MC: I had started my own business. This led me to a Durham Chamber networking event held at the Durham Branch of the Food Bank. At that moment, I decided to be a volunteer. I've always been bothered about the imbalance of some people having an abundance of food and never feeling real hunger versus the vast amount of people who just don't get enough food.

HB: In what specific area(s) at the Food Bank do you work?

MC: Originally, I sorted and bagged sweet potatoes. Lots and lots of sweet potatoes! I'd never seen so many yams in my life. I also sorted bread and helped shelve donated goods from area food drives. Sometimes, I'd help with computer-related tasks and help design flyers. Whenever help was needed, I'd pitch a hand. As my business grew, my time for actually being in the warehouse diminished, so I shifted into being a public voice for the Food Bank through the Town Planner Community Calendar publication that I own. I've also organized an annual food drive. Recently, I accepted an invitation to join the Food Bank's Advisory Council.

HB: What are your perceptions as to the role of the Food Bank in your community?

MC: In a nutshell, the Food Bank helps the wonderful organizations in our community that, in turn, feed our hungry population.

HB: How can others in your community best serve the Food Bank?

MC: The expenditure to help the Food Bank does not have to be big; it doesn't even have to be monetary. If a lot of people in the community would just do a little bit for the Food Bank, it would add up so quickly. If everyone reading this could spare two hours a month volunteering at the Food Bank, it would add up. If everyone reading this would go to their pantry and drop off two cans of food to every food drive they hear of, imagine the tons of food that could be collected. Just a little bit of help from each individual would have tremendous gain for the Food Bank. ■

Happy Anniversary, Wilmington Branch!

On December 2, 2007, our Wilmington Branch celebrated its five-year anniversary. This branch serves four counties in southeastern North Carolina: Brunswick, Columbus, New Hanover, and Pender. We celebrated a successful merger with the Food Bank of Coastal Carolina, bringing more resources to the Cape Fear area through:

- Deliberate growth that filled in service gaps and increased distribution where and when it was needed most.
- Distribution grew from 1.5 million in 2001–2002 to 3.5 million in 2006–2007.
- Three Kids Cafes in the Cape Fear Area, with one more expansion targeted by the end of 2008.
- Two Back Pack Programs in the Cape Fear Area, with two more targeted for expansion.

The Food Bank now works with local school staff to send backpacks full of food home with children whose only meals come from the school system.

A special thanks to Sandra Harkin and George Taylor for their vision and effort to strengthen the local Wilmington emergency food capacity.

WEBSITE SPOTLIGHT

Faces of the Food Bank

Stories of need, hope, and support of those touched by the issues of hunger or hunger itself have been compiled into a new section of our website called Faces of the Food Bank. Through these stories, it's easy to see that hunger is closer to us than we think. Website visitors can submit their own stories or tell a friend by sending a special E-card. Visit www.foodbankcenc.org.

MILESTONES: IN PIRATE COUNTRY



In February, the Eastern Carolina Council of Boy Scouts of America conducted their annual food drive to benefit local agencies, including the Greenville Branch. *Hoops 4 Hunger*, a student-led food and funds competition, chaired by nationally known NCSU Women's Basketball Coach Kay Yow, was held in February. A summer program, Teens Building

Character, was offered by Pitt County Community Schools and Recreation. This program keeps 12- to 15-year-olds busy physically and socially while introducing them to life skills they will need. These active teens assisted at the Greenville Branch. In addition, last summer the Greenville Branch received a new 22-foot refrigerated truck to serve as a Mobile Food Pantry.



About Greenville

- Our Greenville Branch serves eight counties in eastern North Carolina: Carteret, Craven, Greene, Jones, Lenior, Onslow, Pamlico, and Pitt. Three counties are shared with the Raleigh Branch: Duplin, Edgecombe, and Wilson.
- Last year more than 6.9 million pounds of food was distributed to 151 agencies in those counties.
- By June 2007, the Greenville Branch reached its 40 million pound milestone since 1999.
- Greenville's warehouse, a 22,900-square-foot space, has the capacity to store 274 pallets in dry storage and 100 pallets of refrigerated/frozen food.
- Greenville supports six Kids Cafe programs, serving 25,000 meals in the past year to children.



HOW YOU CAN HELP FIGHT HUNGER!

You can donate money!

\$1 equals \$8 worth of food or four meals
Individual Giving
Event Sponsorships

You can donate food!

One meal equals a little over 1 pound of food (19 ounces)
Individual Food Drives
Company Food Drives
Virtual Food Drives
School Food Drives
Community Food Drives

You can donate time by volunteering!

Last year, volunteer hours equaled the equivalent of 58 full-time employees. Read below to identify the type of volunteer service you would enjoy:

WAREHOUSE

Groups and individuals can assist with sorting fresh produce into smaller boxes, repackaging products from food manufacturers and distributors, and putting bulk items into family size portions. Many corporate partners use this as a team building opportunity.

OFFICE ASSISTANT

Office volunteers assist our staff with filing, mailing, data entry, reception desk support, and clerical duties. Experience with computers is a plus!

SPEAKERS BUREAU & AGENCY FAIRS

Our Speakers Bureau program spreads awareness about hunger in North Carolina and across the nation. Volunteers are trained to become advocates of the Food Bank and to speak on behalf of the organization.

SPECIAL EVENTS

Special food and fundraising events, such as Heart of Carolina, National Association of Letter Carriers Food Drive, and Hunger Relief Day at the NC State Fair are always in need of volunteer support.

BLUE CROSS BLUE SHIELD OF NC KIDS CAFE

Kids Cafe provides children at risk of hunger with nutritious meals and academic and health education. Volunteer duties include tutoring, meal preparation, educational activities, and mentoring. We prefer volunteers who can commit to the children on a consistent basis.

KIDS DAY

Kids Day is a monthly event for children between the ages of 5 and 11 where kids learn about the Food Bank, tour the facility, and perform a project. Kids Day is held throughout the year. Volunteers must sign up in advance.



OUR STAFF

Visit us online at www.foodbankcenc.org

Food Bank of Central & Eastern North Carolina at Raleigh (Main Office)

Peter Werbicki, President & CEO

Sandy Bishop, Director of Finance
 Brad Blackwell, Outreach Coordinator
 Martin Brewington, Warehouse Lead
 Anthony Brooks, Shopping Attendant
 June Brotherton, Research Coordinator
 Caprice Brown, Outreach, Eval., & Prog. Mgr.
 Pat Brown, Financial Assistant
 Craig Campbell, Sp'l. Prog./Utility Warehouse
 Lee Cheney, Volunteer Coordinator
 Billie Churchwell, Recept./Admin. Asst.
 Julius Colbert, Warehouse Supervisor
 Tonya Corso, ASAP Resource Coord.
 Anna Davenport, Food Resource Mgr.
 Vernetta Eastman, PR Project Coord.
 Tony Evans, Senior Driver
 Frances Ferrell, Operations Coord.
 John Foister, Volunteer Services Mgr.
 Pamela Foust, Outreach Coordinator
 Joe Glenn, Driver
 Charlie Hale, VP of IT & Operations
 Andrew Hefner, Transp./Log. Mgr.
 Lois Walker, IT Manager
 Phil Hiser, Retail Recovery Driver

Percy Hockaday, Shipping/Receiving Assistant
 Michael Knight, Perishable Assistant
 Thomas Ley, Warehouse Freezer/Cooler Person
 George McAllister, Part-Time Truck Driver
 Earline Middleton, VP of Agency Services and Programs
 Jeremy Morgan, Retail Recovery Driver
 Larry Morris, Agency Services Manager
 Jennifer Newmeyer, Database/Website Manager
 Nancy Novell, Special Events/Food Drive Mgr.
 Maxine Oakley, Database Coordinator
 Jeff Ogus, Truck Driver
 Samantha Ojedamoya, HR Assistant
 Phyllis Pulley, Executive Assistant/Office Manager
 Paige Rainey, Donor Relations Manager
 Robin Reed, Facility Maintenance Specialist
 Allen Reep, Vice President of Development
 Jim Rasmussen, Warehouse Project Coordinator
 Christy Simmons, Manager of Public Relations
 Jerry Turner, Driver/Transport Coordinator
 Sally Wade, Grant Writer
 Tyrone Wallace, Driver
 Sherwood Young, Director of Human Resources

Food Bank of Central & Eastern North Carolina at Durham

Peter Sloane, Operations Manager

James McAllister, Shopping Attendant
 April Morgan, Outreach Coordinator
 Anthony Reyerros, Warehouse Coordinator

Patrick Spencer, Volunteer Coordinator
 John Wearing, Driver/Warehouse
 Tony Wortham, Retail Recovery

Food Bank of Central & Eastern North Carolina at Greenville

Larry Motteler, Operations Manager

Jody Anderson, Driver
 Christal Andrews, Outreach Coordinator
 Roger Neely, Branch Ops Coordinator

Brandon Randolph, Driver
 Scott Repko, Shopping Attendant
 John Saieed, Janitor/Housekeeping

Food Bank of Central & Eastern North Carolina at Sandhills

John Lenzi, Operations Manager

John Bonzo, Driver
 Joyce Scarlett, Outreach Coordinator

Tammy Sinnott, Shopping Attendant
 Tom Whitaker, Driver/Warehouse

Food Bank of Central & Eastern North Carolina at Wilmington

Dennis Connor, Warehouse Manager

Sarah Cox, Program Outreach Assistant
 Tommy Taylor, Outreach/Development Coordinator
 Michael Whittemore, Warehouse/Product Marketing Assistant

UPCOMING EVENTS

SEPTEMBER—Hunger Awareness Month
1ST ANNUAL RAM LOGISTICS FIGHTING FORE HUNGER
GOLF TOURNAMENT

Monday, September 22, 2008
Devil's Ridge Golf Course, Holly Springs

HEART OF CAROLINA FOOD DRIVE

Host a food or fund drive this fall and be a part of Heart of Carolina, our community-wide effort to help stock the Food Bank shelves for the holidays. www.abc11tv.com

OCTOBER

2008 CROP WALK RALEIGH
Sunday, October 12

Marbles Kids Museum (start)
www.cropwalk.org

STUDENTS AGAINST HUNGER FOOD DRIVE and COLLEGE STUDENTS AGAINST HUNGER FOOD DRIVE

Host a food or fund drive this fall in your school and be a part of Heart of Carolina, our community-wide effort to help stock the Food Bank shelves for the holidays.

HUNGER RELIEF DAY AT THE NC STATE FAIR

Thursday, October 23, 2008

Bring 4 cans of Food Lion products and get free admission into the fair!

www.ncstatefair.org/

NOVEMBER

Donating Goods & Services: Our Wish List

We need the following items:

- A portable table saw for use at all five branches
 - Desktop or laptop computers meeting the following minimum specifications: Pentium IV processor; 1 GB RAM; 60 GB hard drive
 - Automatic letter folder
 - Commercial shredder
 - Heavy duty hand trucks
 - Large barrels for food drives
- Also note that Lowes Foods Greenpoints may be donated to the Food Bank.

For additional information, please contact Charlie Hale, Acting VP of Operations, at 919.865.3057.



3808 Tarheel Drive
Raleigh, NC 27609

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