

#SHAREYOURWHY SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>1</p> <p>Update Your Facebook</p> <p>Update your Facebook with the Hunger Action Month cover photo.</p>	<p>2</p> <p>Labor Day</p> <p>Collect donations from your cookout guests for the Food Bank.</p>	<p>3</p> <p>Share This Calendar</p> <p>Post this calendar on your social media to get others involved.</p>	<p>4</p>  <p>#ShareYourWhy Wednesday</p> <p>Post why you support @FoodBankCENC on Instagram!</p>	<p>5</p>  <p>Learn More About The Food Bank</p> <p>Watch this video.</p>	<p>6</p> <p>Did You Know?</p> <p>\$1 = 5 Meals.</p> <p>Donate here.</p>	<p>7</p> <p>September is Better Breakfast Month</p> <p>Share your favorite healthy breakfast recipe.</p>	
<p>8</p> <p>National Grandparents Day</p> <p>Show your love by making a donation to the Food Bank in their honor.</p>	<p>9</p> <p>Pack Your Lunch</p> <p>Donate what you would have spent to the Food Bank.</p>	<p>10</p>  <p>Learn about the Food Bank's Disaster Relief</p> <p>Watch this video.</p>	<p>11</p> <p>#ShareYourWhy Wednesday</p> <p>It's National Day of Service. Volunteer at the Food Bank and share your experience.</p>	<p>12</p> <p>Hunger Action Day®</p> <p>Wear orange and share on social media why you support hunger relief.</p>	<p>13</p> <p>Friday the 13th</p> <p>Today is scary, so is the idea of not eating over the weekend.</p> <p>Learn about our Weekend Power Pack Program.</p>	<p>14</p> <p>Hurricane Florence: One Year Later</p> <p>Read our Florence Impact Report.</p>	
<p>15</p> <p>Here Until No One Goes Hungry</p> <p>See the impact of your donations.</p>	<p>16</p> <p>Challenge Your Friends & Family</p> <p>Set up a Virtual Food Drive.</p>	<p>17</p> <p>Visit Our Blog</p> <p>Get an in-depth view of our work and read stories of the people we serve.</p>	<p>18</p>  <p>#ShareYourWhy Wednesday</p> <p>Post why you support @FoodBankCENC on Twitter!</p>	<p>19</p> <p>Did You Know?</p> <p>The Food Bank distributed 68.6 million meals in 18/19. Share on your social media.</p>	<p>20</p>  <p>Learn about CSFP, a program that supports older Americans.</p> <p>Watch this video.</p>	<p>21</p> <p>Upcoming Events</p> <p>Check out our website for upcoming events benefiting the Food Bank.</p>	
<p>22</p> <p>Share Your Voice</p> <p>Take action to support Child Nutrition Programs.</p>	<p>23</p> <p>First Day of Fall</p> <p>Share your favorite fall recipe on your social media.</p>	<p>24</p> <p>Did You Know?</p> <p>Volunteers more than double our staff. Sign up to volunteer.</p>	<p>25</p>  <p>#ShareYourWhy Wednesday</p> <p>Post why you support @FoodBankCENC on Facebook!</p>	<p>26</p> <p>Become a Sustainer</p> <p>Support hunger relief every month. Sign up to become a sustainer.</p>	<p>27</p> <p>Did You Know?</p> <p>1 in 5 kids face hunger. Donate here.</p>	<p>28</p> <p>Stay Informed</p> <p>Sign up for Food Bank emails.</p>	
<p>29</p> <p>Did You Know?</p> <p>The Food Bank's Greenville and Durham branches commemorate 20 years this month.</p>	<p>30</p> <p>Take What You've Learned</p> <p>Take what you've learned this month and support the Food Bank all year long.</p>	<p>SEPTEMBER IS HUNGER ACTION MONTH</p>					 <p>FOOD BANK OF CENTRAL & EASTERN NORTH CAROLINA</p>