

SEPTEMBER 2017

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

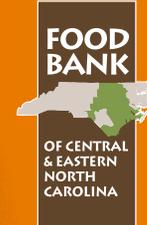
SATURDAY

Post this calendar on your home or office fridge for an easy reminder!



Act now to help end hunger.

HUNGER ACTION MONTH | FEEDING AMERICA



1



Update Your Facebook

Update your Facebook with the Hunger Action Month cover photo.
foodbankcenc.org/HungerActionMonth

2

Virtual Food Drive

Hosting a food drive has never been so easy! Start a team or hold one as an individual online.
foodbankcenc.org/VFD

3

Buy Chef's Feast Tickets

Visit ChefsFeastNC.org to find your local Chef's Feast event.

4

Labor Day

Collect donations from your cookout guests for the Food Bank.
foodbankcenc.org/FoodDrive

5

Share Your Story

Tell us how hunger has affected you or your family. Send it to communication@foodbankcenc.org

6



Volunteer

Volunteer at any of our six branch locations.
foodbankcenc.org/Volunteer

So All May Eat

See the impact of your donation. Check out our 2016 Impact Report.
foodbankcenc.org/ImpactReport

8

Organize a Food Drive

Get neighbors, friends, & family involved to give back! Download the toolkit:
foodbankcenc.org/FoodDrive

9



Check Out Our Instagram

Is Instagram your favorite app? We're there too!
[@FoodBankCENC](https://www.instagram.com/FoodBankCENC)

10

National Grandparents Day

Show your love by making a donation to the Food Bank in their honor.
foodbankcenc.org/Tribute

11

Students Against Hunger

Encourage your school to join this annual student food drive & competition.
foodbankcenc.org/SAH

12

Be a Social Media Ambassador

Use your social media powers for good! Become a networked volunteer for the Food Bank.
foodbankcenc.org/SMA

13

September is Better Breakfast Month

Hold a food drive to raise healthy breakfast food like oatmeal and low sugar cereals!

14

Hunger Action Day®

Wear orange and share via social media why you support hunger relief.

15

Cook Dinner at Home

Set an empty plate at the table to remind your family about others facing hunger.

16

Stuff the Truck at the Sandhills Branch

Join the Food Bank from 10am-6pm at Walmart in Aberdeen and make a monetary or food donation in support of our food programs.

17

Speak Out

Post on Facebook, tweet, write a blog post, or submit a Letter to the Editor to show your support of Hunger Action Month.
 #NoOneGoesHungry

18

Show us your best #helpie

Volunteering? Take a selfie and share it on Twitter or Instagram! Tag us @FoodBankCENC.
 #NoOneGoesHungry

19

Visit Our Blog

Get an in-depth view of our work & read stories of the people we serve.
blog.foodbankcenc.org

20

Sign up for Our Newsletter

Request a print copy of our quarterly free newsletter, Hunger Matters.
foodbankcenc.org/NewsRequest

21



Join Us for #FoodBank24

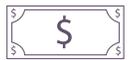
We're one week away from #FoodBank24. Be sure to like the page and follow the page.
[facebook.com/FoodBankCENC](https://www.facebook.com/FoodBankCENC)

22

Fresh Food Friday

What fresh produce are we distributing to the community today? Find out on Facebook:
[facebook.com/FoodBankCENC](https://www.facebook.com/FoodBankCENC) or on Instagram: @FoodBankCENC

23



Donate

For every dollar donated, we can provide 5 meals to a neighbor in need. Give today!
foodbankcenc.org/Donate

24

Take a Tour

Learn more about our mission and get a behind-the-scenes look by taking a tour of your local Food Bank branch. Email to schedule a time:
FoodDrive@foodbankcenc.org

25



It's Johnny Appleseed Day

Hold a food drive to collect applesauce.

26

Read Our Fall Newsletter

Visit foodbankcenc.org/newsletter.

27

Stay Informed

Don't miss a thing! Get important updates on the latest Food Bank news by email.
foodbankcenc.org/SignUp

28

#FOODBANK24

Help us raise enough funds to provide 150,000 meals and take a virtual tour of a day in the life of the Food Bank

29

30

Kitchens of New Bern Tour

Explore the heart of historic New Bern at our annual Kitchen Tour.
foodbankcenc.org/KitchenTour