

HUNGER ACTION MONTH™

together
we can solve hunger

September 2014

foodbankcenc.org/HungerActionMonth

SUN	MON	TUE	WED	THU	FRI	SAT
31 <i>Post this calendar on your home or office fridge for an easy reminder!</i>	1 Labor Day Collect donations from your cookout guests for the Food Bank! foodbankcenc.org/FoodDrive	2 #30Facts30Days Check us out on Twitter every day at noon to learn a Food Bank fact & follow @FoodBankCENC! twitter.com/FoodBankCENC	3 Check out our blog We've launched a blog! Get an in-depth view of our work & the people we serve. blog.foodbankcenc.org	4 GO ORANGE foodbankcenc.org/GoOrange	5 Event: RDU Join us in downtown Raleigh for First Friday to see awesome CANstructions! raleigh.foodbankcenc.org	6 Join Us on Facebook! Like the page. Follow the page. See how we are helping hungry families in need. facebook.com/FoodBankCENC
7 National Grandparents Day Show your love by making a donation to the Food Bank in their honor. foodbankcenc.org/Tribute	8 Organize a Food Drive Get neighbors, friends, & family involved for the Day of Service! Download the toolkit: foodbankcenc.org/FoodDrive	9 Stay Informed! Don't miss a thing... Get important updates on the latest news by email. foodbankcenc.org/SignUp	10 Volunteer Volunteer at any of our six branch locations. foodbankcenc.org/Volunteer	11 Day of Service Drop off your food drive donations at your local Food Bank branch. foodbankcenc.org/Directions	12 Speak Out Write a blog post, a letter to a newspaper, a Facebook status, or tweet about Hunger Action Month.	13 Students Against Hunger Encourage your school to join this annual student food drive. foodbankcenc.org/SAH
14 Read a Book to a Child Check out books on hunger such as Uncle Willie & the Soup Kitchen, Sam & the Lucky Money, or Kids Against Hunger	15 FNS Challenge Read experiences from our FNS Challenge & take it yourself! foodbankcenc.org/FNSChallenge	16 Meet Kate! She looks like an ordinary girl... but there's something you don't know about her: foodbankcenc.org/Kate	17 Take a Tour! Enjoy a tour of your local branch. Email to schedule a time: FoodDrive@foodbankcenc.org	18 Be a Social Media Ambassador Use your social media powers for good! Become a networked volunteer for the Food Bank. foodbankcenc.org/SMA	19 Start a Fundraiser Create a personal campaign to get friends and family involved! foodbankcenc.org/NoEmptyBowls	20 Hunger Matters! Request the print copy of our newsletter, Hunger Matters. foodbankcenc.org/NewsRequest
21 Event: Wilmington Check out the coolest Corvettes in the Cape Fear Region & enjoy prizes, food, music, & more. wilmington.foodbankcenc.org	22 Calling Hunger Heros! Kids: Join Souper Can & help fight hunger! foodbankcenc.org/KidsPage	23 Great American Milk Drive Give a gallon of nutrient-rich milk with just a click of your mouse! milklife.com/Give	24 Tweet us your best #helpie! Volunteering? Get down with your good self! Take a selfie & tweet it @FoodBankCENC.	25 AmazonSmile Support the Food Bank when you shop with Amazon! smile.amazon.com	26 #FOODBANK24 24-Hour Telethon Begins The 3rd Annual New Media Telethon is back! Tune in from noon today 'till noon tomorrow! foodbank24.org	27 Event: New Bern Explore the heart of historic New Bern on our Kitchen Tour. foodbankcenc.org/KitchenTour
28 Food Restores See the impact of your donation. Check out our 2013 Impact Report foodbankcenc.org/2013ImpactReport	29 Share Your Story Share your personal story of hunger. Send it to communication@foodbankcenc.org	30 Donate \$1 = \$10 worth of food or 5 meals. Give today! Every dollar counts... foodbankcenc.org/Donate				

