



FOOD BANK OF CENTRAL & EASTERN NORTH CAROLINA

FAST FACTS 101

FOR USE DURING 2016-2017 FISCAL YEAR

MISSION:

- The mission of the Food Bank of Central & Eastern North Carolina: No One Goes Hungry in Central & Eastern North Carolina.

WHO WE ARE AND WHAT WE DO:

- The Food Bank of Central & Eastern North Carolina is a non-profit organization that serves 34 counties in central and eastern North Carolina.
- In fiscal year 2015-2016, the Food Bank of Central & Eastern North Carolina distributed 64.4 million pounds of food.
 - 57.2 million pounds in 2014-2015
 - 53.6 million pounds in 2013-2014
 - 51.7 million pounds in 2012-2013
- Of the 64.4 million pounds distributed in 2015-2016, 22,368,881 pounds was fresh produce.
- The Food Bank partners with a network of 861 partner agencies (food pantries, shelters, soup kitchens, group homes).
- The Food Bank of Central & Eastern North Carolina has distribution centers in Durham, Greenville, New Bern, Raleigh (main branch), Sandhills (Southern Pines), and Wilmington.

THE NEED:

Food insecurity is the state of being unable to consistently access nutritious and adequate amounts of food necessary for an active and healthy life. The households we serve experience limited or uncertain access to food, at times unsure of where they will find their next meal.

Per Feeding America's Map the Meal Gap 2015 report:

- In the 34 counties served by the Food Bank of Central & Eastern North Carolina, 636,920 individuals live in food insecure households.
- 201,650 are children
- Additionally, per the North Carolina Department of Health and Human Services, 46,011 seniors (65 and older) live at or below the poverty level.
- 45% of households contained at least one working adult in the last year.

VOLUNTEERS:

- Volunteers sort 100% of food drive donations.
- During fiscal year 2015-16, volunteers logged 241,183 hours, the equivalent of 116 full-time employees.
- More than 52,000 hours of the total volunteer hours in fiscal year 2015-2016 were attributed to Kids Cafe and Weekend Power Pack programs.

TRUCKS

- The Food Bank of Central & Eastern North Carolina has a fleet of 19 trucks.
- Our service area covers almost 19,000 square miles.
- The entire fleet of 19 trucks makes routine deliveries to over 40 agencies in rural locations that don't have the resources to come to a branch once or twice a week to pick up food. Deliveries are a critical service the Food Bank offers to agencies and, without it many of them would not be able provide nutritious, perishable food to those suffering from hunger in their communities.
- During fiscal year 2015-2016, Food Bank trucks drove over 437,000 miles.

THE CHOICES

Per the *2014 Feeding America Hunger Study*:

- 77% of households have had to choose between food and paying utilities.
- 62% of households have had to choose between food and rent/mortgage.
- 77% of households have had to choose between food and medicine or medical care.
- 77% of households have had to choose between paying for food and transportation or gas for a vehicle.

FOOD DISTRIBUTION PROGRAMS AND ADVOCACY

- Fresh Produce Program
 - Over half of the food distributed is perishable product: fresh produce, protein rich meats, and dairy items.
- Mobile Food Pantry
- Retail Donation Program
- Talking Councils
- Three Squares for CENC Program
- Kids Meals and More Programs:
 - Kids Cafe Program
 - Weekend Power Pack Program
 - Kids Summer Meals Program
 - School Pantry Program

EFFICIENCY

- For every dollar donated, the Food Bank of Central & Eastern North Carolina can distribute 10 dollars (\$10) worth of food or provide five meals.
- For every dollar donated to the Food Bank of Central & Eastern North Carolina, 97 cents goes directly to food and food programs.

AFFILIATION

- A member of Feeding America (formerly America's Second Harvest), the nation's largest food bank network with more than 200-member food banks.

Feeding America in North Carolina

- Food Bank of Central & Eastern NC in Raleigh
- MANNA Food Bank in Asheville
- Second Harvest Food Bank of Northwest North Carolina in Winston-Salem
- Food Bank of the Albemarle in Elizabeth City
- Second Harvest Food Bank of Metrolina in Charlotte
- Second Harvest Food Bank of Southeast North Carolina in Fayetteville
- Inter-Faith Food Shuttle in Raleigh

NATIONAL STATUS

- The Food Bank of Central & Eastern North Carolina is number 15 in food distribution out of more than 200 Feeding America food banks in the United States.
- Charity Navigator has awarded The Food Bank of Central & Eastern North Carolina its coveted 4-star rating (an honor only given to the most efficient charities in the country) for nine consecutive years.