



# FOOD BANK OF CENTRAL & EASTERN NORTH CAROLINA

## FAST FACTS 101

**FOR USE DURING 2017-2018 FISCAL YEAR**

### **MISSION:**

- The mission of the Food Bank of Central & Eastern North Carolina: No One Goes Hungry in Central & Eastern North Carolina.

### **WHO WE ARE AND WHAT WE DO:**

- The Food Bank of Central & Eastern North Carolina is a non-profit organization that serves 34 counties in central and eastern North Carolina.
- In fiscal year 2016-2017, the Food Bank of Central & Eastern North Carolina distributed 70 million pounds of food.
  - 64.4 million pounds in 2015-2016
  - 57.2 million pounds in 2014-2015
  - 53.6 million pounds in 2013-2014
- Of the total amount of food distributed in 2016-2017, 18,041,388 pounds was fresh produce and 3,822,500 was disaster relief.
- The Food Bank partners with a network of 845 partner agencies (food pantries, shelters, soup kitchens, group homes).
- The Food Bank of Central & Eastern North Carolina has distribution centers in Durham, Greenville, New Bern, Raleigh (main branch), Sandhills (Southern Pines), and Wilmington.

### **THE NEED:**

Food insecurity is the state of being unable to consistently access nutritious and adequate amounts of food necessary for an active and healthy life. The households we serve experience limited or uncertain access to food, at times unsure of where they will find their next meal.

Per Feeding America's Map the Meal Gap report:

- In the 34 counties served by the Food Bank of Central & Eastern North Carolina, 629,410 individuals live in food insecure households.
- 194,330 are children
- Additionally, per the North Carolina Department of Health and Human Services, 48,073 seniors (65 and older) live at or below the poverty level.

### **VOLUNTEERS:**

- Volunteers sort 100% of food drive donations.
- During fiscal year 2016-2017, volunteers logged 253,567 hours, the equivalent of 122 full-time employees.

### **TRUCKS**

- The Food Bank of Central & Eastern North Carolina has a fleet of 22 trucks.
- Our service area covers almost 19,000 square miles.
- The entire fleet of trucks makes routine deliveries to over 40 agencies in rural locations that don't have the resources to come to a branch once or twice a week to pick up food. Deliveries are a critical service the Food Bank offers to agencies and without them many agencies would not be able provide nutritious, perishable food to those suffering from hunger in their communities.
- During fiscal year 2016-2017, Food Bank trucks drove over 521,185 miles.

## **FOOD DISTRIBUTION PROGRAMS AND ADVOCACY**

- Community Health & Engagement Department
- Cooking & Nutrition Classes
- Fresh Produce Program
  - Over half of the food distributed is perishable product: fresh produce, protein rich meats, and dairy items.
- Community Gardens
- Mobile Food Pantry
- Retail Donation Program
- Talking Councils
- Three Squares for CENC Program
- Commodities Supplemental Food Program for Seniors
- Kids Meals and More Programs:
  - Kids Cafe Program
  - Weekend Power Pack Program
  - Kids Summer Meals Program
  - School Pantry Program

## **EFFICIENCY**

- For every dollar donated, the Food Bank of Central & Eastern North Carolina can distribute 10 dollars (\$10) worth of food or provide five meals.
- For every dollar donated to the Food Bank of Central & Eastern North Carolina, 97 cents goes directly to food and food programs.

## **AFFILIATION**

- A member of Feeding America, the nation's largest food bank network with more than 200-member food banks.

### Feeding America in North Carolina

- Food Bank of Central & Eastern NC in Raleigh, Durham, the Sandhills, Wilmington, Greenville, and New Bern
- MANNA Food Bank in Asheville
- Second Harvest Food Bank of Northwest North Carolina in Winston-Salem
- Food Bank of the Albemarle in Elizabeth City
- Second Harvest Food Bank of Metrolina in Charlotte
- Second Harvest Food Bank of Southeast North Carolina in Fayetteville
- Inter-Faith Food Shuttle in Raleigh

## **NATIONAL STATUS**

- The Food Bank of Central & Eastern North Carolina is number 15 in food distribution out of more than 200 Feeding America food banks in the United States.
- Charity Navigator has awarded The Food Bank of Central & Eastern North Carolina its coveted 4-star rating (an honor only given to the most efficient charities in the country) for ten consecutive years.